São Silvestre de Aveiro
Aveiro
03-December-2016

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	17:00	14ºC	82%
End	19:22	14ºC	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	114	adriao rodrigues	campismo	Senior Masculino	32:21		03:14
2	689	Rogério Bessa	jobra-associação jovens	Senior Masculino	32:22	+00:01	03:14
3	176	Hélder Lopes	dci/ccdrpedrulha-mealhada	Senior Masculino	33:39	+01:18	03:22
4	108	Miguel Neves	bresimar	Senior Masculino	34:29	+02:09	03:27
5	73	RUI RODRIGUES	associação académica de coimbra	Veterano M40	34:45	+02:24	03:29
6	567	Fernando Santos	individual	Veterano M40	35:09	+02:49	03:31
7	70	RUI LOPES	associação académica de coimbra	Senior Masculino	35:22	+03:02	03:32
8	492	Sergio Lopes	individual	Senior Masculino	35:22	+03:02	03:32
9	179	Telmo Nascimento	dci/ccdrpedrulha-mealhada	Senior Masculino	35:25	+03:04	03:33
10	917	Ricardo Carvalho	nac	Veterano M40	35:26	+03:06	03:33
11	869	João Rodrigues	centro popular de trabalhadores de sobral de ceira	Senior Masculino	35:39	+03:18	03:34
12	181	João Pereira	dci/ccdrpedrulha-mealhada	Veterano M40	35:44	+03:23	03:34
13	890	João Dias	individual	Senior Masculino	35:47	+03:27	03:35
14	916	António Sousa	jobra-associação jovens da branca	Veterano M40	36:33	+04:12	03:39
15	352	Fernando Oliveira	individual	Senior Masculino	36:50	+04:29	03:41
16	696	Toni Soares	juventude ilha verde	Senior Masculino	36:54	+04:33	03:41
17	178	Paulo Pereira	dci/ccdrpedrulha-mealhada	Senior Masculino	37:00	+04:39	03:42
18	852	Cláudio Fonseca	vivalley runners	Veterano M40	37:01	+04:41	03:42
19	885	Bruno Cordeiro	individual	Senior Masculino	37:05	+04:45	03:43
20	619	Paulo Sérgio Rodrigues da Silva	individual	Veterano M40	37:10	+04:50	03:43
21	956	Diogo Pimenta	dci/ccdrpedrulha-mealhada	Senior Masculino	37:11	+04:51	03:43
22	180	carlos fernando da rocha ramos pimenta	dci/ccdrpedrulha-mealhada	Veterano M40	37:13	+04:53	03:43
23	71	PAULO ANTUNES	associação académica de coimbra	Veterano M40	37:13	+04:53	03:43
24	370	João Andrade	individual	Senior Masculino	37:21	+05:01	03:44
25	802	Luís Miguel	recreio desportivo de águeda	Veterano M40	37:22	+05:02	03:44
26	836	Carlos Ribeiro	tondela	Veterano M40	37:24	+05:04	03:44
27	928	Rui Melo	scbm	Senior Masculino	37:27	+05:07	03:45
28	872	António Oliveira	centro popular de trabalhadores de sobral de ceira	Veterano M50	37:38	+05:18	03:46
29	173	Ruben Estima	dar - desportivo atlético de recardaes	Veterano M40	37:47	+05:26	03:47
30	220	Hilário Fernando Silva Pinto	gesinserde team	Veterano M40	37:56	+05:35	03:48
31	695	João Vinha	jobra-associação jovens	Veterano M50	37:58	+05:37	03:48
32	902	Rafael Matias	individual	Senior Masculino	37:59	+05:39	03:48
33	670	Paulo Jorge Vaz Gomes	individual	Veterano M50	38:04	+05:43	03:48
34	429	nelson maia	individual	Senior Masculino	38:04	+05:43	03:48
35	570	HEITOR COSTA	individual	Veterano M40	38:05	+05:45	03:49
36	688	Nuno Gonçalves	jobra-associação jovens	Senior Masculino	38:13	+05:52	03:49
37	426	Milton César Miranda dos Santos	individual	Senior Masculino	38:20	+06:00	03:50
38	694	Francisco Soares	jobra-associação jovens	Veterano M50	38:27	+06:06	03:51
39	957	João Paulo Almeida	dci/ccdrpedrulha-mealhada	Veterano M40	38:59	+06:39	03:54
40	761	Rafael Miguel	oli	Senior Masculino	39:05	+06:44	03:55

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	411	manuel antonio gomes fragoso	individual	Senior Masculino	39:06	+06:45	03:55
42	666	luís Simões	individual	Veterano M50	39:09	+06:49	03:55
43	673	Vitor Oliveira	dci/ccdrpedrulha-mealhada	Veterano M50	39:13	+06:52	03:55
44	851	Adriano Fonseca	vivalley runners	Senior Masculino	39:14	+06:54	03:55
45	491	sergio	individual	Senior Masculino	39:17	+06:56	03:56
46	693	José Ferreira	jobra-associação jovens	Veterano M40	39:17	+06:56	03:56
47	797	TIAGO JESUS	recreio desportivo de águeda	Senior Masculino	39:21	+07:00	03:56
48	927	Nuno Hélder Silva	scbm	Senior Masculino	39:25	+07:05	03:57
49	683	Manuel lino Costa	dci/ccdrpedrulha-mealhada	Veterano M60	39:31	+07:10	03:57
50	549	Antonio ManuelEsteves Oliveira Silva	individual	Veterano M40	39:31	+07:11	03:57
51	853	Ricardo Fonseca	vivalley runners	Veterano M40	39:32	+07:12	03:57
52	51	Tiago Caetano	agd agueda	Senior Masculino	39:32	+07:12	03:57
53	800	CARLOS GUERRA	recreio desportivo de águeda	Veterano M40	39:33	+07:12	03:57
54	687	Mauro Valente	jobra-associação jovens	Senior Masculino	39:33	+07:13	03:57
55	484	Rui Pedro Branco Costa	individual	Senior Masculino	39:35	+07:15	03:58
56	943	Bruno Sequeira	individual	Senior Masculino	39:36	+07:16	03:58
57	498	Tiago cardoso	individual	Senior Masculino	39:40	+07:20	03:58
58	692	João Neves	jobra-associação jovens	Veterano M40	39:41	+07:21	03:58
59	563	Cláudio Queiroga	individual	Veterano M40	39:43	+07:23	03:58
60	72	PAULO PEREIRA	associação académica de coimbra	Veterano M40	39:47	+07:26	03:59
61	787	Bruno Macedo	os caga tacos running team	Senior Masculino	39:48	+07:27	03:59
62	789	André Ferreira	ozxtreme/rdagueda	Senior Masculino	39:58	+07:38	04:00
63	941	André Nobre	individual	Senior Masculino	39:59	+07:38	04:00
64	43	David Felizardo	agd agueda	Senior Masculino	40:04	+07:43	04:00
65	56	Paulo Faria	aguim runners	Senior Masculino	40:08	+07:48	04:01
66	421	MIGUEL GONÇALVES	individual	Senior Masculino	40:28	+08:07	04:03
67	934	Paulo Miranda	scbm	Veterano M40	40:33	+08:12	04:03
68	226	Paulo Briga	grecas	Veterano M40	40:40	+08:19	04:04
69	355	Filipe Carvalho	individual	Senior Masculino	40:43	+08:23	04:04
70	959	Atleta 959	individual	Senior Masculino	40:47	+08:27	04:05
71	65	Arsénio Fernandes	arsm - associação recreativa de são miguel	Veterano M60	40:49	+08:29	04:05
72	455	Pedro Miguel Canha Santos	individual	Senior Masculino	40:50	+08:30	04:05
73	210	Tony Graça	free runners	Veterano M50	40:52	+08:32	04:05
74	790	Celso Moreira	ozxtreme/rdagueda	Senior Masculino	40:52	+08:32	04:05
75	315	António JF Silva	individual	Senior Masculino	40:54	+08:33	04:05
76	719	Pedro Alves	melguinhas doces	Senior Masculino	40:54	+08:34	04:05
77	645	Carlos Cunha	individual	Veterano M50	40:55	+08:34	04:06
78	432	NUNO AMARAL	individual	Senior Masculino	40:59	+08:38	04:06
79	469	Ricardo Pereira	individual	Senior Masculino	41:04	+08:44	04:06
80	921	Marisa Rodrigues	scbm	Senior Feminino	41:06	+08:45	04:07
81	750	Jorge Faria	nokia runners	Senior Masculino	41:09	+08:49	04:07
82	646	Carlos Machado	individual	Veterano M50	41:18	+08:57	04:08
83	80	Sérgio Pericão	aveiro runners	Senior Masculino	41:23	+09:02	04:08
84	545	António José da Cunha Lourenço	individual	Veterano M40	41:25	+09:05	04:09
85	637	Vítor Ribau26	individual	Veterano M40	41:26	+09:06	04:09

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	396	José Miguel Reis e Rego	individual	Senior Masculino	41:34	+09:13	04:09
87	599	manuel marques	individual	Veterano M40	41:35	+09:15	04:10
88	358	Frederico Carvalho	individual	Senior Masculino	41:36	+09:15	04:10
89	849	José Almeida	viriathvs runners viseu	Veterano M40	41:38	+09:17	04:10
90	341	David Rodrigues	individual	Senior Masculino	41:41	+09:21	04:10
91	60	José Campar	aguim runners	Veterano M40	41:45	+09:25	04:11
92	87	Davide Carvalho	boa vai "ela"	Senior Masculino	41:49	+09:28	04:11
93	651	fernando morais	individual	Veterano M50	41:51	+09:31	04:11
94	864	Pedro Silva	women@renault	Veterano M40	41:52	+09:32	04:11
95	628	rafael guedes	individual	Veterano M40	41:57	+09:36	04:12
96	472	Rodrigo António Pires Costinha	individual	Senior Masculino	41:58	+09:38	04:12
97	378	Jorge Costa	individual	Senior Masculino	42:00	+09:39	04:12
98	313	André Rocha	individual	Senior Masculino	42:02	+09:41	04:12
99	74	FERNANDO AGANTE	associação académica de coimbra	Veterano M50	42:04	+09:43	04:12
100	467	Ricardo Melo	individual	Senior Masculino	42:04	+09:43	04:12
101	846	Oscar Sobral	viriathvs runners viseu	Senior Masculino	42:06	+09:46	04:13
102	924	Emidio Correia	scbm	Senior Masculino	42:08	+09:47	04:13
103	845	Joel Ramalhoto	viriathvs runners viseu	Senior Masculino	42:22	+10:01	04:14
104	810	Sérgio Louros	restaurante a cave	Senior Masculino	42:22	+10:01	04:14
105	936	JOSE FARO	viriathvs runners viseu	Veterano M40	42:25	+10:04	04:15
106	321	bruno andret ribeiro da silva	individual	Senior Masculino	42:25	+10:05	04:15
107	443	Paulo Fidalgo	individual	Senior Masculino	42:25	+10:05	04:15
108	604	Miguel Campos	individual	Veterano M40	42:27	+10:06	04:15
109	61	Rui Sousa	aguim runners	Veterano M40	42:29	+10:08	04:15
110	374	João Neves	individual	Senior Masculino	42:31	+10:11	04:15
111	768	Carlos Fonseca	onda cmma	Senior Masculino	42:32	+10:11	04:15
112	215	Carlos Alberto da Silva Abreu	gesinserde team	Senior Masculino	42:35	+10:14	04:16
113	440	Nuno Miguel Moura Cachulo	individual	Senior Masculino	42:36	+10:15	04:16
114	403	Luís Filipe Loureiro Marques Cotovio	individual	Senior Masculino	42:36	+10:15	04:16
115	146	Sérgio Nolasco	clube de albergaria - badminton	Senior Masculino	42:36	+10:16	04:16
116	17	Jorge Coelho	adra	Veterano M50	42:39	+10:18	04:16
117	596	Luís Rabaça	individual	Veterano M40	42:45	+10:24	04:17
118	376	João Simões	individual	Senior Masculino	42:46	+10:26	04:17
119	597	Luis Ramos	individual	Veterano M40	42:48	+10:27	04:17
120	753	Márcio Silva	nokia runners	Senior Masculino	42:50	+10:30	04:17
121	923	Edivaldo Maciel	scbm	Senior Masculino	42:52	+10:31	04:17
122	782	Mário Gonçalves	onda cmma	Veterano M50	42:53	+10:32	04:17
123	654	joao castro	individual	Veterano M50	42:59	+10:38	04:18
124	731	Mário João Pires	mjas	Senior Masculino	43:01	+10:41	04:18
125	224	Carlos Manuel dos Santos Vidal	gesinserde team	Veterano M50	43:10	+10:49	04:19
126	206	Fernando Matos	ffonseca	Veterano M40	43:13	+10:53	04:19
127	86	António Bela	boa vai "ela"	Senior Masculino	43:16	+10:55	04:20
128	202	Luis Fonseca	escola de atletismo de coimbra / jpaiva	Veterano M40	43:18	+10:58	04:20
129	718	gabriel rocha	melguinhas doces	Senior Masculino	43:20	+11:00	04:20
130	203	Nuno Costa	escola de atletismo de coimbra / jpaiva	Veterano M40	43:22	+11:01	04:20

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	184	Hugo Silva	duravit - race team	Senior Masculino	43:24	+11:03	04:20
132	870	Celso Pereira	centro popular de trabalhadores de sobral de ceira	Veterano M40	43:24	+11:04	04:20
133	571	Helder Oliveira	individual	Veterano M40	43:25	+11:04	04:21
134	937	Heitor Santos	individual	Veterano M50	43:31	+11:11	04:21
135	27	Jorge Vilela	adrequeixo	Veterano M40	43:36	+11:15	04:22
136	685	Ana Valente	jobra-associação jovens	Senior Feminino	43:38	+11:17	04:22
137	496	Telmo Filipe Martins Dias	individual	Senior Masculino	43:38	+11:17	04:22
138	50	Sergio Correia	agd agueda	Senior Masculino	43:39	+11:19	04:22
139	749	Flavio Silvestre	nokia runners	Senior Masculino	43:41	+11:21	04:22
140	357	Fred Pinheiro Gomes	individual	Senior Masculino	43:43	+11:23	04:22
141	466	Ricardo Gonçalves	individual	Senior Masculino	43:45	+11:25	04:23
142	867	Joana Cunha	casa do povo de mangualde	Senior Feminino	43:46	+11:26	04:23
143	362	Hélder Gonçalves	individual	Senior Masculino	43:51	+11:31	04:23
144	446	Paulo Rafael Sousa Teixeira	individual	Senior Masculino	43:53	+11:32	04:23
145	434	Nuno Leite	individual	Senior Masculino	43:53	+11:32	04:23
146	217	João Filipe Magano Maio	gesinserde team	Senior Masculino	43:53	+11:33	04:23
147	557	Carlos Jorge Oliveira Guiomar	individual	Veterano M40	43:54	+11:34	04:23
148	422	Miguel Lamas	individual	Senior Masculino	43:55	+11:35	04:24
149	62	Alex Almeida	alex	Senior Masculino	43:57	+11:37	04:24
150	21	Filipe Costa	adrequeixo	Senior Masculino	43:57	+11:37	04:24
151	580	José fonseca	individual	Veterano M40	44:03	+11:43	04:24
152	606	Miguel Laranjeira	individual	Veterano M40	44:05	+11:44	04:25
153	127	Nelson José Ribeiro da Cunha e Silva	centro municipal marcha e corrida de vale de cambra	Veterano M60	44:05	+11:45	04:25
154	8	João Almada	a.d.travassô	Veterano M50	44:10	+11:49	04:25
155	678	Carlos Alberto Ferreira	individual	Veterano M60	44:12	+11:51	04:25
156	462	Ricardo Alexandre Rodrigues Ferreira	individual	Senior Masculino	44:14	+11:53	04:25
157	103	Luis Bernardo	brave viriathvs runners viseu	Veterano M40	44:16	+11:55	04:26
158	679	Domingos Almeida	individual	Veterano M60	44:17	+11:57	04:26
159	874	David Patricio	centro popular de trabalhadores de sobral de ceira	Veterano M50	44:20	+11:59	04:26
160	656	João Rainho	individual	Veterano M50	44:21	+12:00	04:26
161	6	Rui Reis	100gps	Senior Masculino	44:21	+12:01	04:26
162	47	Hugo Martins	agd agueda	Senior Masculino	44:25	+12:05	04:27
163	613	Paulo Gomes	individual	Veterano M40	44:29	+12:08	04:27
164	788	Pedro Lopes	os caga tacos running team	Senior Masculino	44:30	+12:09	04:27
165	64	Carlos Martins	aprocred	Veterano M50	44:35	+12:14	04:28
166	705	Paulo Cavaleiro	leitão & cavaleiro	Veterano M50	44:35	+12:15	04:28
167	46	Frederico Teixeira	agd agueda	Senior Masculino	44:39	+12:19	04:28
168	873	Carlos Garrido	centro popular de trabalhadores de sobral de ceira	Veterano M50	44:40	+12:19	04:28
169	399	José Ribeiro	individual	Senior Masculino	44:40	+12:19	04:28
170	878	Manuel Maia	hugo santos	Senior Masculino	44:42	+12:22	04:28
171	29	Sérgio Rodrigues	afis/ovar	Senior Masculino	44:42	+12:22	04:28
172	204	João Toito	ffonseca	Senior Masculino	44:49	+12:29	04:29
173	22	Filipe Mateus	adrequeixo	Senior Masculino	44:50	+12:30	04:29

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	710	Oscar Ramalho	loja do atleta	Veterano M40	44:52	+12:31	04:29
175	644	Carlos Catarino São Marcos Branco	individual	Veterano M50	44:55	+12:34	04:30
176	495	Simão Pedro da Rocha Rodrigues	individual	Senior Masculino	44:55	+12:35	04:30
177	805	JOSÉ SANTOS	recreio desportivo de águeda	Veterano M50	44:59	+12:38	04:30
178	339	Daniel Vieira	individual	Senior Masculino	44:59	+12:39	04:30
179	45	Emanuel Magalhães	agd agueda	Senior Masculino	45:04	+12:43	04:30
180	182	Pedro Barros	dci/ccdrpedrulha-mealhada	Veterano M40	45:06	+12:46	04:31
181	829	Mário Silva	tondela	Senior Masculino	45:06	+12:46	04:31
182	470	Ricardo Sousa	individual	Senior Masculino	45:09	+12:48	04:31
183	935	Jorge Santos	scbm	Veterano M50	45:12	+12:51	04:31
184	24	Rui Gala	adrequeixo	Senior Masculino	45:12	+12:51	04:31
185	235	Duarte Miguel Pereira da Costa	healthypump runners	Senior Masculino	45:12	+12:52	04:31
186	920	Catarina Caetano	scbm	Senior Feminino	45:14	+12:54	04:31
187	929	Tiago Santos	scbm	Senior Masculino	45:14	+12:54	04:31
188	171	Filipe Cunha	cunha	Senior Masculino	45:16	+12:55	04:32
189	234	Carlos Miguel Simões Morais	healthypump runners	Senior Masculino	45:16	+12:56	04:32
190	142	Marco Coelho	clube de albergaria - badminton	Senior Masculino	45:17	+12:56	04:32
191	95	Catarina Fernandes	brave viriathvs runners viseu	Senior Feminino	45:18	+12:57	04:32
192	413	Márcio Machado	individual	Senior Masculino	45:18	+12:58	04:32
193	507	vitor mariano silva santos	individual	Senior Masculino	45:20	+12:59	04:32
194	409	Luis Rodrigues	individual	Senior Masculino	45:20	+12:59	04:32
195	848	Fernando Neri	viriathvs runners viseu	Veterano M40	45:22	+13:01	04:32
196	53	Pedro Teixeira	agd agueda	Veterano M40	45:25	+13:05	04:33
197	450	Pedro Bastos	individual	Senior Masculino	45:33	+13:12	04:33
198	616	Paulo marcal	individual	Veterano M40	45:39	+13:19	04:34
199	880	Andreia Craveiro	individual	Senior Feminino	45:41	+13:21	04:34
200	930	Vitor Silva	scbm	Senior Masculino	45:44	+13:24	04:34
201	876	Cláudio Pereira	hugo santos	Senior Masculino	45:49	+13:29	04:35
202	686	Juliana Lopes	jobra-associação jovens	Senior Feminino	45:50	+13:29	04:35
203	690	Carla Fontoura	jobra-associação jovens	Veterana F40	45:51	+13:30	04:35
204	938	Pedro Silva	individual	Senior Masculino	45:51	+13:30	04:35
205	926	Miguel Cunha	scbm	Senior Masculino	45:52	+13:31	04:35
206	954	Tiago Costa	individual	Senior Masculino	45:53	+13:32	04:35
207	41	Américo Lucas	agd agueda	Senior Masculino	45:53	+13:33	04:35
208	944	Bernardo Oliveira	individual	Senior Masculino	45:54	+13:33	04:35
209	57	Pedro Bandarra	aguim runners	Senior Masculino	46:05	+13:44	04:37
210	487	Rui Sérgio Bastos Alves da Silva	individual	Senior Masculino	46:06	+13:45	04:37
211	330	Carlos Jorge Silva	individual	Senior Masculino	46:06	+13:46	04:37
212	796	DANIEL JESUS	recreio desportivo de águeda	Senior Masculino	46:09	+13:48	04:37
213	811	José Manuel Plácido Rodrigues	riaparque	Veterano M40	46:09	+13:49	04:37
214	650	Fernando Jorge Magalhaes dos Santos	individual	Veterano M50	46:13	+13:52	04:37
215	401	Leonardo Lourenço de Jesus	individual	Senior Masculino	46:14	+13:54	04:37
216	81	Agostinho Moreira	aveiro runners	Veterano M40	46:19	+13:58	04:38
217	837	Paulo Silva	tondela	Veterano M40	46:20	+13:59	04:38
218	449	Paulo Tavares	individual	Senior Masculino	46:20	+14:00	04:38

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	755	João Gomes	nokia runners	Veterano M40	46:21	+14:00	04:38
220	161	nelson martins santiago	cmmc centro municipal de marcha e corrida de albergaria-a-velha	Veterano M40	46:21	+14:01	04:38
221	9	Costa Marques	academica de coimbra	Veterano M50	46:22	+14:01	04:38
222	591	luis manuel de almeida rodrigues	individual	Veterano M40	46:27	+14:06	04:39
223	49	Milton Reis	agd agueda	Senior Masculino	46:27	+14:07	04:39
224	739	João Carlos Ribeiro	molinhas team	Veterano M40	46:30	+14:09	04:39
225	505	Vasco José Moura Oliveira	individual	Senior Masculino	46:34	+14:14	04:39
226	578	Jorge Rodrigues	individual	Veterano M40	46:34	+14:14	04:39
227	501	Tiago Miguel Rodrigues Gonçalves8	individual	Senior Masculino	46:35	+14:14	04:40
228	318	António Pedro Delgado Morais	individual	Senior Masculino	46:41	+14:21	04:40
229	490	Samuel Martinho	individual	Senior Masculino	46:42	+14:22	04:40
230	345	Fábio costa	individual	Senior Masculino	46:42	+14:22	04:40
231	349	Fábio Ricardo Elias Sousa Gomes	individual	Senior Masculino	46:43	+14:23	04:40
232	503	Tiago Oliveira11	individual	Senior Masculino	46:44	+14:23	04:40
233	816	Dinarte Vieira	run4fun	Senior Masculino	46:45	+14:24	04:41
234	871	Pedro Roque26	centro popular de trabalhadores de sobral de ceira	Veterano M40	46:49	+14:29	04:41
235	915	Sandrine Sousa	jobra-associação jovens da branca	Veterana F40	46:56	+14:36	04:42
236	377	Joel Oliveira	individual	Senior Masculino	46:59	+14:39	04:42
237	483	Rui Moura	individual	Senior Masculino	46:59	+14:39	04:42
238	383	Jorge Miguel Pereira	individual	Senior Masculino	47:00	+14:40	04:42
239	551	Armindo Bastos	individual	Veterano M40	47:01	+14:40	04:42
240	642	Armindo Ferreira Dias	individual	Veterano M50	47:01	+14:41	04:42
241	801	FILIPE ALMEIDA	recreio desportivo de águeda	Veterano M40	47:02	+14:42	04:42
242	799	CARLOS ESTIMA	recreio desportivo de águeda	Veterano M40	47:03	+14:42	04:42
243	437	Nuno Marnoto	individual	Senior Masculino	47:03	+14:42	04:42
244	488	Rui Silva	individual	Senior Masculino	47:04	+14:44	04:42
245	54	Armando Monteiro	agd agueda	Veterano M60	47:05	+14:45	04:43
246	909	Miguel Santos	individual	Veterano M40	47:06	+14:45	04:43
247	899	Paulo Batista	individual	Senior Masculino	47:07	+14:46	04:43
248	418	Mario Silva	individual	Senior Masculino	47:07	+14:47	04:43
249	155	André Costa	cma	Veterano M40	47:08	+14:48	04:43
250	901	Pedro Gomes	individual	Senior Masculino	47:10	+14:50	04:43
251	110	Telmo Brandão	bresimar	Senior Masculino	47:11	+14:50	04:43
252	649	fernando faustino	individual	Veterano M50	47:11	+14:50	04:43
253	236	Bruno Alves27	hubby & wife	Senior Masculino	47:11	+14:51	04:43
254	375	João Pedro Rodrigues da Silva25	individual	Senior Masculino	47:12	+14:51	04:43
255	170	Carolina Figueiredo	cunha	Senior Feminino	47:14	+14:53	04:43
256	850	Rui Pires Silva	viriathvs runners viseu	Veterano M40	47:19	+14:59	04:44
257	905	Rodrigo Pinho	individual	Senior Masculino	47:22	+15:02	04:44
258	187	Pedro Ferraz	dureza maxima	Senior Masculino	47:27	+15:06	04:45
259	135	António Joaquim Lourenço da Silva	citroen - rangel & oliveira, lda	Veterano M50	47:28	+15:08	04:45
260	639	anibal antonio	individual	Veterano M50	47:28	+15:08	04:45
261	865	João Marques	women@renault	Veterano M50	47:30	+15:10	04:45
262	324	Bruno Lameiro	individual	Senior Masculino	47:33	+15:12	04:45

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	207	José Alves	ffonseca	Veterano M40	47:34	+15:13	04:45
264	582	José Manuel Martins Ribeiro	individual	Veterano M40	47:34	+15:14	04:45
265	431	Nuno Alegria	individual	Senior Masculino	47:39	+15:18	04:46
266	893	joao sousa	individual	Senior Masculino	47:42	+15:21	04:46
267	812	Mário Jesus Simões	riaparque	Veterano M50	47:45	+15:25	04:47
268	546	Antonio Jose Marques Ribeiro	individual	Veterano M40	47:47	+15:27	04:47
269	212	Filipa Cancela	gesinserde team	Senior Feminino	47:51	+15:31	04:47
270	117	Rui Pedro Borges	canianos	Senior Masculino	47:52	+15:32	04:47
271	361	Hélder Duarte	individual	Senior Masculino	47:53	+15:33	04:47
272	218	Pedro Manuel Rocha Camarinho	gesinserde team	Senior Masculino	47:53	+15:33	04:47
273	781	Sérgio Amaral	onda cmma	Veterano M40	47:54	+15:34	04:47
274	835	Dina Mota	tondela	Veterana F50	47:54	+15:34	04:48
275	838	Pedro Tavares	tondela	Veterano M40	47:55	+15:34	04:48
276	139	Sílvia Gomes	clube de albergaria - badminton	Senior Feminino	47:55	+15:35	04:48
277	143	Pedro Lopes	clube de albergaria - badminton	Senior Masculino	47:56	+15:35	04:48
278	216	Cesário António dos Santos Madeira	gesinserde team	Senior Masculino	47:58	+15:37	04:48
279	340	David Nogueira	individual	Senior Masculino	48:00	+15:39	04:48
280	408	Luis Rodrigues	individual	Senior Masculino	48:01	+15:41	04:48
281	888	Eurico Couto	individual	Senior Masculino	48:03	+15:43	04:48
282	150	Guilherme Carlos	cma	Senior Masculino	48:06	+15:45	04:49
283	556	Carlos Ferreira	individual	Veterano M40	48:06	+15:46	04:49
284	499	Tiago Francisco de Magalhães Teixeira	individual	Senior Masculino	48:07	+15:46	04:49
285	630	Rui Martins	individual	Veterano M40	48:09	+15:49	04:49
286	795	Sérgio Ferraz	penta clube da covilhã	Veterano M40	48:14	+15:53	04:49
287	346	Fábio Ferreira	individual	Senior Masculino	48:19	+15:59	04:50
288	39	Patricia Ventura	agd agueda	Senior Feminino	48:19	+15:59	04:50
289	504	Tiago Santos Malta	individual	Senior Masculino	48:21	+16:01	04:50
290	521	fernanda gomes	individual	Veterana F40	48:22	+16:01	04:50
291	337	Cláudio Santos	individual	Senior Masculino	48:25	+16:04	04:51
292	886	Carlos André Queirós Madureira	individual	Senior Masculino	48:25	+16:05	04:51
293	36	Liliana Silva	agd agueda	Senior Feminino	48:30	+16:10	04:51
294	703	alda cordeiro7	ladecasa	Veterana F40	48:31	+16:11	04:51
295	542	alexandre almeida	individual	Veterano M40	48:34	+16:13	04:51
296	214	Vera Lúcia Martins Nogueira	gesinserde team	Senior Feminino	48:35	+16:15	04:52
297	544	Amilcar Dias Vinagre Simões	individual	Veterano M40	48:39	+16:19	04:52
298	659	Joaquim Oliveira	individual	Veterano M50	48:40	+16:19	04:52
299	681	Fernando Manuel Valente Lopes	individual	Veterano M60	48:40	+16:20	04:52
300	819	Jorge Miguel de Bastos Loureiro	sever running team	Senior Masculino	48:46	+16:25	04:53
301	115	António Borges	canianos	Senior Masculino	48:48	+16:27	04:53
302	397	José Pedro Laranjeira2q	individual	Senior Masculino	48:49	+16:29	04:53
303	605	Miguel Capela	individual	Veterano M40	48:51	+16:30	04:53
304	809	Pedro Ferreira	restaurante a cave	Senior Masculino	48:55	+16:35	04:54
305	772	Rafael António Pires Oliveira	onda cmma	Senior Masculino	48:56	+16:35	04:54
306	502	Tiago Noronha	individual	Senior Masculino	48:59	+16:39	04:54
307	803	AMILCAR HENRIQUES	recreio desportivo de águeda	Veterano M50	49:06	+16:45	04:55

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
308	369	jhonny marques	individual	Senior Masculino	49:09	+16:49	04:55
309	771	Ivo Gonçalves	onda cmma	Senior Masculino	49:09	+16:49	04:55
310	430	NELSON VIEIRA	individual	Senior Masculino	49:12	+16:51	04:55
311	564	David Jorge Almeida Silva	individual	Veterano M40	49:13	+16:53	04:55
312	465	Ricardo Fonte	individual	Senior Masculino	49:18	+16:57	04:56
313	494	Sérgio Simões Baptista	individual	Senior Masculino	49:19	+16:58	04:56
314	892	joao paulo goncalves	individual	Senior Masculino	49:20	+16:59	04:56
315	704	cesario rocha	ladecasa	Veterano M40	49:21	+17:00	04:56
316	804	JOÃO COELHO	recreio desportivo de águeda	Veterano M50	49:23	+17:02	04:56
317	116	Luís Miguel Pinto Sampaio	canianos	Senior Masculino	49:27	+17:06	04:57
318	476	Rui Alexandre Guerra Batista	individual	Senior Masculino	49:30	+17:09	04:57
319	590	Luis Francisco Duarte	individual	Veterano M40	49:32	+17:11	04:57
320	577	Joaquim Manuel Marques Balreira	individual	Veterano M40	49:34	+17:14	04:57
321	350	Fernando Antunes	individual	Senior Masculino	49:36	+17:15	04:58
322	405	Luís Miguel Coelho Inácio	individual	Senior Masculino	49:36	+17:15	04:58
323	641	Armando Carlos Cunha Santos	individual	Veterano M50	49:41	+17:21	04:58
324	360	Hélder Cruz	individual	Senior Masculino	49:42	+17:22	04:58
325	573	João Alexandre Matos	individual	Veterano M40	49:42	+17:22	04:58
326	15	Mário Tavares	adra	Veterano M40	49:44	+17:24	04:58
327	438	Nuno Matos	individual	Senior Masculino	49:44	+17:24	04:58
328	817	Nuno Oliveira	run4fun	Senior Masculino	49:45	+17:24	04:59
329	676	ARMÉNIO NEVES	individual	Veterano M60	49:49	+17:29	04:59
330	441	Nuno Santos	individual	Senior Masculino	49:50	+17:29	04:59
331	598	Manuel Castanheira Almeida Jacinto	individual	Veterano M40	49:50	+17:30	04:59
332	713	Ana Moreira	masspecsisters	Senior Feminino	49:52	+17:31	04:59
333	631	Rui Melo	individual	Veterano M40	49:53	+17:32	04:59
334	174	PEDRO TAVARES	dar - desportivo atlético de recardaes	Veterano M50	49:55	+17:35	05:00
335	473	Rodrigo Santos	individual	Senior Masculino	49:57	+17:36	05:00
336	479	Rui Gomes Gonçalves	individual	Senior Masculino	49:59	+17:38	05:00
337	706	Marcia Cardoso	loja do atleta	Senior Feminino	49:59	+17:39	05:00
338	436	Nuno Luís Machado de Morais	individual	Senior Masculino	50:06	+17:45	05:01
339	745	Joana Tavares	nokia runners	Senior Feminino	50:06	+17:46	05:01
340	621	Pedro Miguel Monteiro Baptista	individual	Veterano M40	50:07	+17:46	05:01
341	839	José Almeida	tondela	Veterano M50	50:07	+17:46	05:01
342	625	Pedro Santos Leite Ferreira	individual	Veterano M40	50:09	+17:49	05:01
343	227	António Santos	grupo desportivo e cultural de guilhovai	Veterano M50	50:09	+17:49	05:01
344	951	Adriano Carreira	individual	Senior Masculino	50:11	+17:51	05:01
345	534	Susana	individual	Veterana F40	50:12	+17:51	05:01
346	611	Nuno Félix	individual	Veterano M40	50:12	+17:51	05:01
347	37	Manuela Teixeira	agd agueda	Senior Feminino	50:13	+17:53	05:01
348	240	Nuno Fontes	imperria	Veterano M40	50:13	+17:53	05:01
349	451	Pedro Carvalho	individual	Senior Masculino	50:13	+17:53	05:01
350	331	Carlos marcelo dias marques	individual	Senior Masculino	50:21	+18:00	05:02
351	325	Bruno Manuel Pereira Cancela	individual	Senior Masculino	50:22	+18:02	05:02
352	667	Miguel Rodrigues da Silva Queirós	individual	Veterano M50	50:26	+18:05	05:03

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	371	joao carlos pereira	individual	Senior Masculino	50:27	+18:06	05:03
354	583	José Quadrado	individual	Veterano M40	50:28	+18:07	05:03
355	40	Sandra Morais	agd agueda	Senior Feminino	50:28	+18:07	05:03
356	229	RENATO MIGUEL GIL SOUSA MOEDAS	gs morenos	Veterano M40	50:31	+18:10	05:03
357	617	Paulo Pinto	individual	Veterano M40	50:33	+18:12	05:03
358	165	Nelson Simões	correr são bernardo	Senior Masculino	50:36	+18:15	05:04
359	931	Carla Cardoso	scbm	Veterana F40	50:36	+18:15	05:04
360	147	Manuela Samagaio	clube de albergaria - badminton	Veterana F40	50:36	+18:16	05:04
361	671	Rui Augusto Lopes Gomes	individual	Veterano M50	50:38	+18:18	05:04
362	665	Luis Figueirerdo	individual	Veterano M50	50:45	+18:25	05:05
363	175	ARLINDO SANTOS	dar - desportivo atlético de recardaes	Veterano M60	50:53	+18:33	05:05
364	328	Carlos Alberto Simoes	individual	Senior Masculino	50:53	+18:33	05:05
365	130	António Ramos	centro social p. aradas	Veterano M50	50:55	+18:34	05:06
366	747	Daniel Martins	nokia runners	Senior Masculino	50:58	+18:38	05:06
367	652	fernando olimpio marques castilho	individual	Veterano M50	50:59	+18:38	05:06
368	348	Fábio Pizarro	individual	Senior Masculino	51:00	+18:40	05:06
369	900	Pedro Gabriel Silva	individual	Senior Masculino	51:02	+18:42	05:06
370	960	João Almeida	individual	Senior Masculino	51:03	+18:43	05:06
371	458	Pedro Pereira	individual	Senior Masculino	51:07	+18:47	05:07
372	168	Rui Miguel Barros	correria	Senior Masculino	51:14	+18:53	05:07
373	351	Fernando Moreira	individual	Senior Masculino	51:14	+18:53	05:07
374	506	Vidal Ferreira	individual	Senior Masculino	51:14	+18:54	05:07
375	903	Rafael Neto Pinto	individual	Senior Masculino	51:15	+18:54	05:08
376	691	Rosa Lopes	jobra-associação jovens	Veterana F40	51:28	+19:08	05:09
377	770	Denis Conceição	onda cmma	Senior Masculino	51:29	+19:08	05:09
378	716	Sandra Oliveira	melguinhas doces	Senior Feminino	51:30	+19:09	05:09
379	237	Fiipe Fontes	imperria	Senior Masculino	51:30	+19:10	05:09
380	576	João Pereira	individual	Veterano M40	51:34	+19:14	05:09
381	832	Estefânia Lopes	tondela	Veterana F40	51:35	+19:15	05:10
382	725	Ricardo Leitão	mexe mexe runners	Senior Masculino	51:38	+19:17	05:10
383	595	Luis Pessoa	individual	Veterano M40	51:38	+19:18	05:10
384	188	Vitor Azevedo	dureza maxima	Senior Masculino	51:42	+19:21	05:10
385	141	Carlos Jesus	clube de albergaria - badminton	Senior Masculino	51:42	+19:22	05:10
386	460	rafael oliveira	individual	Senior Masculino	51:43	+19:23	05:10
387	26	helder ribeiro	adrequeixo	Veterano M40	51:44	+19:23	05:10
388	55	Crispim Tribuna	aguim runners	Senior Masculino	51:44	+19:24	05:10
389	83	Rui Pedro Henriques Oliveira	azeméis runners	Senior Masculino	51:46	+19:26	05:11
390	862	João Pina Gonçalves	women@renault	Veterano M40	51:50	+19:30	05:11
391	52	Miguel Abrantes	agd agueda	Veterano M40	51:52	+19:31	05:11
392	866	Miguel Oliveira	100gps	Veterano M40	51:54	+19:34	05:11
393	840	António Correia	tondela	Veterano M60	51:57	+19:36	05:12
394	97	Alzira Fernandes da Costa Barros	brave viriathvs runners viseu	Veterana F40	51:58	+19:37	05:12
395	270	Gorete Moreira	individual	Senior Feminino	51:58	+19:37	05:12
396	319	Antonio Pedro Polonio	individual	Senior Masculino	51:59	+19:38	05:12
397	454	Pedro Mendes	individual	Senior Masculino	51:59	+19:38	05:12

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
398	329	Carlos Aurélio e Silva Lopes	individual	Veterano M40	52:02	+19:41	05:12
399	765	Manuel Araújo	oli	Veterano M40	52:02	+19:41	05:12
400	298	Sara Quinta	individual	Senior Feminino	52:02	+19:42	05:12
401	841	Helena Sofia Lopes	tribo nr	Veterana F40	52:05	+19:45	05:13
402	592	Luís Miguel Duarte Carvalho	individual	Veterano M40	52:06	+19:45	05:13
403	624	Pedro Ruano de Castro	individual	Veterano M40	52:07	+19:46	05:13
404	508	Vitor Pereira	individual	Senior Masculino	52:08	+19:47	05:13
405	382	Jorge Manuel Pereira Martins	individual	Senior Masculino	52:08	+19:48	05:13
406	540	Alberto Branco	individual	Veterano M40	52:09	+19:49	05:13
407	191	Paulo Barbosa	emeteclass	Senior Masculino	52:11	+19:51	05:13
408	746	André Tavares	nokia runners	Senior Masculino	52:14	+19:54	05:13
409	264	Cátia Aparicio	individual	Senior Feminino	52:17	+19:57	05:14
410	714	Elisabete da Costa	masspecsisters	Veterana F40	52:20	+20:00	05:14
411	524	Ines Almeida	individual	Veterana F40	52:23	+20:03	05:14
412	102	JOSE MELO	brave viriathvs runners viseu	Veterano M40	52:24	+20:04	05:14
413	457	Pedro Nuno Amorim Rodrigues	individual	Senior Masculino	52:25	+20:04	05:15
414	106	Paulo José Marques Fernandes	brave viriathvs runners viseu	Veterano M50	52:25	+20:04	05:15
415	727	Claudia Nogueira	micla	Senior Feminino	52:27	+20:06	05:15
416	700	Maria João Almeida	kotrailrunning	Veterana F40	52:27	+20:06	05:15
417	541	Alcides Paulo	individual	Veterano M40	52:28	+20:08	05:15
418	842	Alexandre Santos	trovisco team	Senior Masculino	52:31	+20:10	05:15
419	12	Iolanda Babo	adra	Senior Feminino	52:33	+20:12	05:15
420	615	Paulo Manuel Soares Marques	individual	Veterano M40	52:35	+20:14	05:16
421	381	Jorge Humberto Soares Marques	individual	Senior Masculino	52:36	+20:15	05:16
422	868	Joana Moutela	centro popular de trabalhadores de sobral de ceira	Senior Feminino	52:36	+20:15	05:16
423	148	Carlos Manuel Jesus	clube de albergaria - badminton	Veterano M50	52:37	+20:17	05:16
424	887	Davide Pereira	individual	Senior Masculino	52:38	+20:18	05:16
425	359	Frederico Henriques	individual	Senior Masculino	52:43	+20:23	05:16
426	258	Antonio lopes	individual	Senior Feminino	52:44	+20:24	05:16
427	268	Filipa Rovira	individual	Senior Feminino	52:44	+20:24	05:16
428	132	Isabel Enes	cires running team	Veterana F40	52:46	+20:25	05:17
429	296	Sandra Dantas	individual	Senior Feminino	52:46	+20:26	05:17
430	164	Otília Trindade Pedrosa	correr são bernardo	Senior Feminino	52:48	+20:28	05:17
431	648	Delfim Manuel Ferreira da Costa	individual	Veterano M50	52:51	+20:30	05:17
432	78	Júlio Teixeira	aveiro night runners	Senior Masculino	52:51	+20:30	05:17
433	575	João Pedro Santos Marques	individual	Veterano M40	52:51	+20:31	05:17
434	584	José Rodrigues	individual	Veterano M40	52:54	+20:33	05:17
435	280	Marlene Duarte	individual	Senior Feminino	52:54	+20:33	05:17
436	477	Rui Alexandre Mendes	individual	Senior Masculino	52:54	+20:34	05:17
437	680	Domingos Soares da Silva	individual	Veterano M60	52:56	+20:35	05:18
438	655	João Costa	individual	Veterano M50	53:00	+20:39	05:18
439	707	Sofia Figueiredo	loja do atleta	Senior Feminino	53:05	+20:45	05:19
440	955	Atleta 955	individual	Senior Masculino	53:12	+20:51	05:19
441	773	Carla Gonçalves	onda cmma	Veterana F40	53:13	+20:52	05:19
442	767	Raquel Ferreira Teixeira	onda cmma	Senior Feminino	53:14	+20:54	05:19

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
443	647	Carlos Manuel Ferreira Dias	individual	Veterano M50	53:15	+20:55	05:20
444	658	Joaquim Almeida	individual	Veterano M50	53:15	+20:55	05:20
445	653	Francisco Silva	individual	Veterano M50	53:15	+20:55	05:20
446	754	Natércia Santiago	nokia runners	Veterana F40	53:16	+20:55	05:20
447	162	Armando Vila Verde	cmmc centro municipal de marcha e corrida de albergaria-a-velha	Veterano M50	53:18	+20:58	05:20
448	640	António Jorge Borges	individual	Veterano M50	53:19	+20:59	05:20
449	295	Rosário Leite	individual	Senior Feminino	53:23	+21:02	05:20
450	907	Maria Calvo	individual	Veterana F40	53:23	+21:03	05:20
451	939	Arsénio Matos	individual	Veterano M50	53:25	+21:04	05:21
452	925	Leandro Amador	scbm	Senior Masculino	53:26	+21:06	05:21
453	933	Nelson Duarte	scbm	Veterano M40	53:27	+21:06	05:21
454	663	José Caetano	individual	Veterano M50	53:28	+21:08	05:21
455	250	Ana Rocha	individual	Senior Feminino	53:30	+21:10	05:21
456	366	Hugo Rodrigues	individual	Senior Masculino	53:31	+21:11	05:21
457	572	Humberto Gaio	individual	Veterano M40	53:32	+21:11	05:21
458	579	José Carlos Pinhal	individual	Veterano M40	53:36	+21:15	05:22
459	785	Paulo Pinheiro	os avenses	Veterano M40	53:42	+21:22	05:22
460	453	Pedro José Nunes Correia Ferreira	individual	Senior Masculino	53:44	+21:23	05:22
461	183	João Cavadas	dci/ccdrpedrulha-mealhada	Veterano M50	53:48	+21:28	05:23
462	668	Octavio Sergio Rodrigues Linhares	individual	Veterano M50	53:51	+21:31	05:23
463	843	Nuno Rainho	trovisco team	Senior Masculino	53:53	+21:32	05:23
464	307	Teresa Malheiro	individual	Veterana F50	53:54	+21:34	05:23
465	535	Teresa Marçal	individual	Veterana F40	53:58	+21:37	05:24
466	946	Artur Varum	individual	Veterano M50	53:59	+21:38	05:24
467	254	ANDREIA PAULOS	individual	Senior Feminino	54:01	+21:40	05:24
468	820	Sofia Guerra	sever running team	Veterana F40	54:05	+21:44	05:25
469	89	Tiago Santos	boa vai "ela"	Senior Masculino	54:06	+21:45	05:25
470	511	Anabela Amorim Leite	individual	Veterana F40	54:06	+21:45	05:25
471	85	Sandra Almeida	boa vai "ela"	Senior Feminino	54:07	+21:46	05:25
472	1	José Agostinho Ribau Esteves	individual	Veterano M50	54:09	+21:49	05:25
473	748	Daniel Rodrigues	nokia runners	Senior Masculino	54:09	+21:49	05:25
474	380	Jorge Daniel dos Santos Farias	individual	Senior Masculino	54:14	+21:53	05:25
475	7	Silvio Gaspar	100gps	Veterano M40	54:14	+21:54	05:25
476	482	Rui Miguel Rama Travas	individual	Senior Masculino	54:14	+21:54	05:25
477	791	Miguel Marques Oliveira	ozxtreme/rdagueda	Senior Masculino	54:16	+21:56	05:26
478	677	Avelino Silva	individual	Veterano M60	54:19	+21:58	05:26
479	784	Adelaide Brandão	os avenses	Veterana F40	54:20	+21:59	05:26
480	88	Jorge Pinto	boa vai "ela"	Senior Masculino	54:21	+22:01	05:26
481	471	Rodrigo Alexandre Silva	individual	Senior Masculino	54:22	+22:01	05:26
482	481	Rui Miguel Fernandes Caseiro	individual	Senior Masculino	54:23	+22:02	05:26
483	398	José Pires	individual	Senior Masculino	54:26	+22:05	05:27
484	774	Claudia Amaro Figueiredo	onda cmma	Veterana F40	54:26	+22:06	05:27
485	133	Lígia Casimiro	cires running team	Veterana F40	54:27	+22:07	05:27
486	119	Patrícia A. M. Caçola Branco	casal gt	Senior Feminino	54:28	+22:07	05:27
487	338	Daniel Coimbra	individual	Senior Masculino	54:30	+22:10	05:27

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
488	197	ALEXANDRE FERNANDES	épicos	Senior Masculino	54:35	+22:15	05:28
489	311	Alcino Patoilo	individual	Veterano M40	54:37	+22:16	05:28
490	193	Antonio Marques	emeteclass	Veterano M50	54:37	+22:17	05:28
491	228	PAULO MANUEL OLIVEIRA RAMOS	grupo juvenil pinheiro da bemposta - o. azeméis	Veterano M40	54:38	+22:17	05:28
492	643	Carlos Barroso	individual	Veterano M50	54:44	+22:23	05:28
493	105	Óscar Manuel do Nascimento Rocha	brave viriathvs runners viseu	Veterano M50	54:44	+22:23	05:28
494	372	João Francisco Duarte	individual	Senior Masculino	54:45	+22:24	05:29
495	347	Fábio Miguel Andrade Magalhães	individual	Senior Masculino	54:46	+22:25	05:29
496	211	Ana Sofia Vidal	gesinserde team	Senior Feminino	54:46	+22:25	05:29
497	742	ANDRE PEREIRA	mondegopeças	Senior Masculino	54:46	+22:26	05:29
498	138	Carolina Tavares	clube de albergaria - badminton	Senior Feminino	54:47	+22:26	05:29
499	136	Alice Silva	clube de albergaria - badminton	Senior Feminino	54:50	+22:29	05:29
500	879	Ana Filipa Teorgas Queirós	individual	Senior Feminino	54:58	+22:37	05:30
501	895	José Filipe de Oliveira e Silva	individual	Senior Masculino	54:58	+22:38	05:30
502	684	MODESTO MANUEL C. RODRIGUES	individual	Veterano M60	55:00	+22:40	05:30
503	844	António Santos	trovisco team	Veterano M40	55:06	+22:46	05:31
504	986	Carlos Martins	individual	Senior Masculino	55:08	+22:48	05:31
505	769	Davide Amaral	onda cmma	Senior Masculino	55:10	+22:49	05:31
506	126	Paivinha	cátia	Senior Feminino	55:10	+22:49	05:31
507	388	Jose Luis da Costa Fernandes	individual	Senior Masculino	55:11	+22:51	05:31
508	721	Cláudia Rosa	mexe mexe runners	Senior Feminino	55:13	+22:52	05:31
509	724	Gabriel Pepino	mexe mexe runners	Senior Masculino	55:15	+22:54	05:32
510	914	Paulo Mónica	individual	Veterano M50	55:19	+22:59	05:32
511	166	Carlos Alberto Rodrigues	correr são bernardo	Veterano M50	55:19	+22:59	05:32
512	20	Adriano Santos	adrequeixo	Senior Masculino	55:21	+23:00	05:32
513	730	Ana Sofia Montez	mjas	Senior Feminino	55:27	+23:06	05:33
514	123	Miguel Reis	catarina	Veterano M40	55:33	+23:12	05:33
515	38	Marisa Marques	agd agueda	Senior Feminino	55:34	+23:13	05:33
516	30	Ana Pinto	agd agueda	Senior Feminino	55:34	+23:13	05:33
517	300	SMónica	individual	Senior Feminino	55:36	+23:16	05:34
518	894	Jose Carvalho	individual	Veterano M40	55:37	+23:16	05:34
519	336	César Pita	individual	Senior Masculino	55:40	+23:19	05:34
520	452	Pedro Gonçalo Gomes Ribeiro dos Santos	individual	Senior Masculino	55:40	+23:20	05:34
521	333	Carlos Rebola	individual	Senior Masculino	55:46	+23:25	05:35
522	513	Carla Isabel Lopes Carapinheira	individual	Veterana F40	55:48	+23:27	05:35
523	547	Antonio lopes	individual	Veterano M40	55:48	+23:27	05:35
524	543	Amílcar Covelo	individual	Veterano M40	55:50	+23:30	05:35
525	717	carlos santos	melguinhas doces	Senior Masculino	55:55	+23:34	05:36
526	152	Paula Rocha	cma	Veterana F40	55:58	+23:37	05:36
527	738	Filomena Santos	molinhas team	Veterana F50	56:03	+23:43	05:36
528	231	Luís Almeida	happy hour	Veterano M40	56:03	+23:43	05:36
529	518	eduarda	individual	Veterana F40	56:04	+23:43	05:36
530	230	Nancy Almeida	happy hour	Senior Feminino	56:04	+23:44	05:36

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
531	715	Berta Pires	melguinhas doces	Senior Feminino	56:07	+23:47	05:37
532	857	Nuno Ribeiro	women@renault	Senior Masculino	56:08	+23:47	05:37
533	31	Bruna Costa	agd agueda	Senior Feminino	56:09	+23:49	05:37
534	23	Rui Almeida	adrequeixo	Senior Masculino	56:09	+23:49	05:37
535	833	Maria Gomes	tondela	Veterana F40	56:14	+23:53	05:37
536	830	Anabela Correia	tondela	Veterana F40	56:15	+23:54	05:38
537	780	Rui Ferreira	onda cmma	Veterano M40	56:15	+23:55	05:38
538	172	Vania baptista	dar - desportivo atlético de recardaes	Senior Feminino	56:16	+23:55	05:38
539	335	carlos Ribeiro	individual	Senior Masculino	56:18	+23:57	05:38
540	124	Pedro Coutinho	catarina	Veterano M40	56:18	+23:57	05:38
541	122	Isabel Coutinho	catarina	Veterana F40	56:18	+23:57	05:38
542	444	Paulo Jorge Almeida Pereira	individual	Senior Masculino	56:19	+23:58	05:38
543	822	Nuno Tiago Gabriel Fernandes	sónia	Veterano M40	56:21	+24:01	05:38
544	660	Jorge costa	individual	Veterano M50	56:21	+24:01	05:38
545	198	ISABEL RIBAU	épicos	Veterana F40	56:22	+24:02	05:38
546	877	Hugo Santos	hugo santos	Senior Masculino	56:23	+24:02	05:38
547	875	Vânia Costa	hugo santos	Senior Feminino	56:23	+24:02	05:38
548	246	Ana Luisa Marques Pinho	individual	Senior Feminino	56:25	+24:05	05:39
549	363	Hernâni Petiz	individual	Senior Masculino	56:27	+24:07	05:39
550	777	João Reis	onda cmma	Veterano M40	56:29	+24:09	05:39
551	134	Alexandre Henriques	cires running team	Veterano M40	56:31	+24:11	05:39
552	623	Pedro Neves	individual	Veterano M40	56:33	+24:13	05:39
553	509	Vítor Rafael Pereira Petiz da Cunha Baptista	individual	Senior Masculino	56:35	+24:15	05:40
554	317	António Miguel Lopes Tavares	individual	Senior Masculino	56:36	+24:15	05:40
555	500	Tiago Marques	individual	Senior Masculino	56:38	+24:17	05:40
556	608	Miguel Tavares	individual	Veterano M40	56:39	+24:18	05:40
557	634	Vitor Figueiredo	individual	Veterano M40	56:43	+24:22	05:40
558	423	Miguel Marques	individual	Senior Masculino	56:45	+24:25	05:41
559	316	António Loureiro	individual	Senior Masculino	56:47	+24:27	05:41
560	283	Marta Loureiro	individual	Senior Feminino	56:48	+24:28	05:41
561	439	Nuno Miguel Dias	individual	Senior Masculino	56:50	+24:29	05:41
562	510	Ana Rita Morais	individual	Veterana F40	56:52	+24:31	05:41
563	306	Teresa Campos Amorim Silva Dias	individual	Senior Feminino	56:54	+24:33	05:41
564	807	Gonçalo Ferreia	restaurante a cave	Senior Masculino	56:59	+24:38	05:42
565	406	Luís Miguel Ferreira Ramos	individual	Senior Masculino	57:00	+24:40	05:42
566	417	Marco Paulo Pinto da Costa	individual	Senior Masculino	57:01	+24:40	05:42
567	814	Rui Costa	rmcosta	Veterano M50	57:02	+24:41	05:42
568	813	Gustavo Costa	rmcosta	Senior Masculino	57:03	+24:42	05:42
569	825	Andre Bonito	tartarugas ninjas	Senior Masculino	57:06	+24:46	05:43
570	343	Diogo Malheiro	individual	Senior Masculino	57:08	+24:47	05:43
571	447	Paulo Ricardo Pinto do Carmo	individual	Senior Masculino	57:11	+24:51	05:43
572	290	Nicole Mendes da Silva	individual	Senior Feminino	57:13	+24:53	05:43
573	389	José Maia	individual	Senior Masculino	57:14	+24:54	05:43
574	562	Christopher Guimaraens	individual	Veterano M40	57:15	+24:54	05:44
575	145	Ricardo Silva	clube de albergaria - badminton	Senior Masculino	57:17	+24:56	05:44

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
576	84	Jorge Pitarma	badminton ca	Senior Masculino	57:17	+24:56	05:44
577	299	Silvia Susana Rodrigues	individual	Senior Feminino	57:17	+24:57	05:44
578	480	Rui Henrique Ramos Estima10	individual	Senior Masculino	57:18	+24:57	05:44
579	261	Catarina Silva	individual	Senior Feminino	57:22	+25:01	05:44
580	196	PATRICIA FERREIRA	épicos	Senior Feminino	57:22	+25:01	05:44
581	195	NATACHA SILVA	épicos	Senior Feminino	57:23	+25:02	05:44
582	459	Pedro Vilela	individual	Senior Masculino	57:23	+25:02	05:44
583	157	Carlos Silva	cma	Veterano M40	57:26	+25:06	05:45
584	468	Ricardo Pascoal	individual	Senior Masculino	57:26	+25:06	05:45
585	609	Nelson Ruivo	individual	Veterano M40	57:27	+25:06	05:45
586	425	Miguel Miranda	individual	Senior Masculino	57:30	+25:09	05:45
587	786	Andreia Valente	os caga tacos running team	Senior Feminino	57:34	+25:14	05:45
588	519	Elizabete Pataco	individual	Veterana F40	57:49	+25:28	05:47
589	233	Óscar Filipe Fernandes Lopes	happy run	Veterano M40	57:52	+25:31	05:47
590	831	Cornélia Weis	tondela	Veterana F40	57:53	+25:32	05:47
591	190	Henrique Oliveira	emeteclass	Senior Masculino	57:56	+25:35	05:48
592	618	Paulo Sérgio Dias	individual	Veterano M40	58:00	+25:39	05:48
593	205	Sérgio Gonçalves	ffonseca	Senior Masculino	58:03	+25:43	05:48
594	312	André Machado	individual	Senior Masculino	58:03	+25:43	05:48
595	672	Rui da Silva Amaral	individual	Veterano M50	58:03	+25:43	05:48
596	661	Jorge Manuel Figueiredo Magalhães	individual	Veterano M50	58:03	+25:43	05:48
597	278	Maria Cotrim	individual	Senior Feminino	58:05	+25:45	05:49
598	528	maria clemencio	individual	Veterana F40	58:07	+25:47	05:49
599	854	Micaela Feitor	women@renault	Senior Feminino	58:10	+25:50	05:49
600	855	Frederico Angera	women@renault	Senior Masculino	58:11	+25:50	05:49
601	558	Carlos Negrão	individual	Veterano M40	58:14	+25:53	05:49
602	303	Susana Pereira	individual	Senior Feminino	58:17	+25:56	05:50
603	953	Jorge Soares	individual	Veterano M40	58:20	+26:00	05:50
604	952	Isabel Cruz	individual	Senior Feminino	58:21	+26:00	05:50
605	778	João Soares Dias	onda cmma	Veterano M40	58:21	+26:01	05:50
606	137	Ana Luísa Oliveira Reis	clube de albergaria - badminton	Senior Feminino	58:22	+26:01	05:50
607	485	Rui Pereira	individual	Senior Masculino	58:23	+26:03	05:50
608	593	Luis miguel oliveira silva	individual	Veterano M40	58:24	+26:04	05:50
609	815	Vera Oliveira	run4fun	Senior Feminino	58:32	+26:12	05:51
610	711	Helena Cristina Lopes Silva	lopes silva	Senior Feminino	58:36	+26:16	05:52
611	712	Sílvia Maria Lopes Silva	lopes silva	Veterana F40	58:37	+26:16	05:52
612	675	antonio morais	individual	Veterano M60	58:38	+26:18	05:52
613	859	Anabela Carvalho Teixeira	women@renault	Veterana F40	58:40	+26:20	05:52
614	863	Mauro João Martinho Rebelo	women@renault	Veterano M40	58:40	+26:20	05:52
615	610	Nuno Cruz	individual	Veterano M40	58:42	+26:21	05:52
616	633	Tiago Nunes	individual	Veterano M40	58:44	+26:24	05:52
617	539	teresa honorio	individual	Veterana F50	58:45	+26:25	05:53
618	614	PAULO JORGE ABREU PIMENTEL	individual	Veterano M40	58:46	+26:25	05:53
619	622	Pedro Neves	individual	Veterano M40	58:51	+26:31	05:53
620	284	Marta Pereira	individual	Senior Feminino	58:55	+26:35	05:54

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
621	821	Rui Henriques	sever running team	Veterano M40	59:03	+26:42	05:54
622	554	Carlos Alberto Almeida Silva	individual	Veterano M40	59:10	+26:50	05:55
623	798	CRISTINA XAVIER	recreio desportivo de águeda	Veterana F40	59:16	+26:56	05:56
624	945	Elisabete Matos	individual	Veterana F40	59:23	+27:03	05:56
625	763	Maria José Rodrigues	oli	Veterana F40	59:25	+27:05	05:57
626	764	Sónia Guerra	oli	Veterana F40	59:25	+27:05	05:57
627	442	Nuno Soares	individual	Veterano M40	59:32	+27:12	05:57
628	732	Vera Silva	molinhas team	Senior Feminino	59:34	+27:13	05:57
629	733	Arcelina Martinho	molinhas team	Veterana F40	59:34	+27:13	05:57
630	638	Albano Manuel Tavares pereira	individual	Veterano M50	59:57	+27:36	06:00
631	308	Vanessa Alexandra de Oliveira Santos	individual	Senior Feminino	01:00:00	+27:39	06:00
632	756	José Albino	nokia runners	Veterano M40	01:00:17	+27:56	06:02
633	297	Sandra Sá	individual	Senior Feminino	01:00:30	+28:09	06:03
634	779	Pedro Paiva	onda cmma	Veterano M40	01:00:32	+28:12	06:03
635	561	Carlos Soares	individual	Veterano M40	01:00:33	+28:12	06:03
636	589	Claudia Tomé	individual	Senior Feminino	01:00:34	+28:13	06:03
637	858	Sergio Oliveira	women@renault	Senior Masculino	01:00:36	+28:16	06:04
638	271	Inês S	individual	Senior Feminino	01:00:36	+28:16	06:04
639	194	Ervin Triana Guarin	emeteclass	Veterano M50	01:00:37	+28:16	06:04
640	735	Isabel Lourenço	molinhas team	Veterana F40	01:00:40	+28:20	06:04
641	740	Rui Abrantes	molinhas team	Veterano M40	01:00:40	+28:20	06:04
642	245	Ana Fernandes	individual	Senior Feminino	01:00:46	+28:26	06:05
643	28	Davide Silva	adtravaso	Senior Masculino	01:00:47	+28:27	06:05
644	532	Sílvia Maria Nunes Cardoso da silva	individual	Veterana F40	01:00:52	+28:32	06:05
645	526	Madalena Ferreira	individual	Veterana F40	01:00:53	+28:33	06:05
646	326	Bruno Miguel Costa Teixeira Ribeiro	individual	Senior Masculino	01:00:56	+28:36	06:06
647	433	Nuno Filipe Cravo dos Santos	individual	Senior Masculino	01:00:57	+28:36	06:06
648	256	Ângela Daniela Julião de Almeida	individual	Senior Feminino	01:01:00	+28:40	06:06
649	722	Joana Oliveira	mexe mexe runners	Senior Feminino	01:01:05	+28:44	06:07
650	200	VITOR NETO	épicos	Veterano M50	01:01:05	+28:44	06:07
651	286	Marta Sousa	individual	Senior Feminino	01:01:07	+28:46	06:07
652	486	Rui Pinho	individual	Senior Masculino	01:01:10	+28:49	06:07
653	98	Emilia Correia	brave viriathvs runners viseu	Veterana F40	01:01:11	+28:50	06:07
654	99	IRENE MELO	brave viriathvs runners viseu	Veterana F40	01:01:11	+28:51	06:07
655	96	GORETI LAMEIRA	brave viriathvs runners viseu	Senior Feminino	01:01:12	+28:51	06:07
656	847	Aleida Edite Rocha Gouveia	viriathvs runners viseu	Veterana F40	01:01:12	+28:52	06:07
657	263	Cátea Sanchez	individual	Senior Feminino	01:01:16	+28:56	06:08
658	11	Deolinda Martins	adra	Senior Feminino	01:01:21	+29:00	06:08
659	25	Judite Dias	adrequeixo	Veterana F40	01:01:29	+29:09	06:09
660	531	Renata Andreia Silva Carvalho	individual	Veterana F40	01:01:32	+29:12	06:09
661	390	José Manuel Pereira Almeida	individual	Senior Masculino	01:01:34	+29:13	06:09
662	636	Vitor Nuno Jacinto Machado	individual	Veterano M40	01:01:35	+29:15	06:10
663	10	Andreia Magalhães	adra	Senior Feminino	01:01:42	+29:21	06:10
664	737	Maria de Lourdes Pinto (MILU)	molinhas team	Veterana F40	01:01:42	+29:22	06:10

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
665	555	Carlos Cachulo	individual	Veterano M40	01:01:43	+29:23	06:10
666	514	Cristina Aires	individual	Veterana F40	01:01:44	+29:24	06:10
667	293	Rafaela Ferraz	individual	Senior Feminino	01:01:59	+29:39	06:12
668	775	Maria Elizabete Gonçalves Ferreira	onda cmma	Veterana F40	01:02:18	+29:58	06:14
669	766	Nicole Ferreira Teixeira	onda cmma	Senior Feminino	01:02:19	+29:58	06:14
670	287	miriam reis	individual	Senior Feminino	01:02:19	+29:59	06:14
671	889	Franklin Marques de Almeida Júnior	individual	Senior Masculino	01:02:52	+30:32	06:17
672	289	Mónica Oliveira Estima Gameiro	individual	Senior Feminino	01:03:04	+30:44	06:18
673	414	Marco Jeronimo	individual	Senior Masculino	01:03:07	+30:46	06:19
674	602	maria Dulce Marques Alves da Silva	individual	Veterano M40	01:03:07	+30:46	06:19
675	529	Paula Cunha	individual	Veterana F40	01:03:17	+30:57	06:20
676	420	Miguel de Sa Coelho	individual	Senior Masculino	01:03:28	+31:07	06:21
677	723	Flávio Sá	mexe mexe runners	Senior Masculino	01:03:30	+31:10	06:21
678	59	Américo Simões	aguim runners	Veterano M40	01:03:35	+31:14	06:22
679	252	Ana Teresa Rodrigues Figueiredo	individual	Senior Feminino	01:03:35	+31:15	06:22
680	75	Patricia Fonseca	atlético clube javalinense	Senior Feminino	01:03:52	+31:31	06:23
681	248	Ana Raquel Leite Gomes Meira	individual	Senior Feminino	01:03:52	+31:31	06:23
682	77	Sérgio Oliveira	atlético clube javalinense	Senior Masculino	01:03:53	+31:32	06:23
683	232	Sónia Emanuela da Silva Baptista	happy run	Senior Feminino	01:03:55	+31:35	06:24
684	33	Glória Costa	agd agueda	Senior Feminino	01:04:02	+31:42	06:24
685	586	José Santos	individual	Veterano M40	01:04:10	+31:50	06:25
686	806	André Araújo	restaurante a cave	Senior Masculino	01:04:17	+31:56	06:26
687	257	Ângela Vidal	individual	Senior Feminino	01:04:22	+32:01	06:26
688	728	Rute Marques	micla	Senior Feminino	01:04:27	+32:07	06:27
689	66	Raquel Linhares	ases do asfalto	Senior Feminino	01:04:27	+32:07	06:27
690	834	Célia Brito	tondela	Veterana F50	01:04:28	+32:07	06:27
691	729	Miguel Cardoso	micla	Senior Masculino	01:04:29	+32:08	06:27
692	90	Ana Cláudia Costa	borabora, vamos lá!	Senior Feminino	01:04:29	+32:08	06:27
693	533	silvina felix	individual	Veterana F40	01:04:35	+32:15	06:28
694	281	Marta Esteves	individual	Senior Feminino	01:04:36	+32:15	06:28
695	91	Paula Julieta Santos	borabora, vamos lá!	Senior Feminino	01:04:43	+32:22	06:28
696	516	Dina Leal	individual	Veterana F40	01:05:08	+32:47	06:31
697	585	José Rodrigues	individual	Veterano M40	01:05:09	+32:49	06:31
698	416	Marco Paulo da Silva Leite	individual	Senior Masculino	01:05:10	+32:50	06:31
699	635	Vitor Manuel Ribeiro Magalhães	individual	Veterano M40	01:05:18	+32:57	06:32
700	627	Rafael Alão	individual	Veterano M40	01:05:25	+33:05	06:33
701	159	Sérgio Cunha	cma	Veterano M40	01:05:30	+33:10	06:33
702	153	Susana Ferreira	cma	Veterana F40	01:05:31	+33:10	06:33
703	199	ALBERTINA FERNANDES	épicos	Veterana F50	01:05:37	+33:16	06:34
704	260	Carina Patrícia Ferreira Rodrigues	individual	Senior Feminino	01:05:45	+33:25	06:35
705	364	Hugo Pereira	individual	Senior Masculino	01:05:46	+33:25	06:35
706	189	Bruno Areias	emeteclass	Senior Masculino	01:05:58	+33:37	06:36
707	538	Rosa Bispo	individual	Veterana F50	01:06:01	+33:40	06:36
708	736	Margarida Vasconcelos	molinhas team	Veterana F40	01:06:11	+33:50	06:37
709	588	Lemos	individual	Veterano M40	01:06:12	+33:51	06:37

PROVA PRINCIPAL - STAGE 1

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
710	243	Ana Braga	individual	Senior Feminino	01:06:12	+33:52	06:37
711	783	Vitor Cardoso Fernandes	onda cmma	Veterano M50	01:06:24	+34:03	06:38
712	776	Susana Cruz	onda cmma	Veterana F40	01:06:24	+34:03	06:38
713	35	Katy Lopes	agd agueda	Senior Feminino	01:06:50	+34:29	06:41
714	34	Katia Pereira	agd agueda	Senior Feminino	01:06:50	+34:30	06:41
715	793	DERCIO GUIA	pace.makers	Veterano M40	01:06:55	+34:34	06:42
716	792	LENA ROSADO	pace.makers	Veterana F40	01:06:56	+34:35	06:42
717	794	Joaquim Couto	pace.makers	Veterano M40	01:06:56	+34:35	06:42
718	44	Diogo Moreira	agd agueda	Senior Masculino	01:07:03	+34:42	06:42
719	32	Dina Figueiredo	agd agueda	Senior Feminino	01:07:03	+34:43	06:42
720	301	Susana Cristo	individual	Senior Feminino	01:07:11	+34:50	06:43
721	428	Nelson de Oliveira	individual	Senior Masculino	01:07:17	+34:57	06:44
722	950	Margarida Cunha	individual	Senior Feminino	01:07:20	+34:59	06:44
723	701	Liliana Fonseca Nunes	l&p	Senior Feminino	01:07:28	+35:07	06:45
724	702	Pedro Miguel Santos Valente	l&p	Veterano M40	01:07:30	+35:10	06:45
725	93	Edite Fernandes	borabora, vamos lá!	Veterana F40	01:07:32	+35:12	06:45
726	94	António Matos	borabora, vamos lá!	Veterano M40	01:07:32	+35:12	06:45
727	292	PINAR KURT	individual	Senior Feminino	01:07:42	+35:21	06:46
728	209	Emanuel Fontes	fontes	Veterano M40	01:07:44	+35:23	06:46
729	751	Luis Carta	nokia runners	Senior Masculino	01:07:45	+35:24	06:47
730	743	Daniela Castro	nokia runners	Senior Feminino	01:07:46	+35:25	06:47
731	163	Fernando Jose Silva Chalo	cmmc centro municipal de marcha e corrida de albergaria-a-velha	Veterano M60	01:08:08	+35:48	06:49
732	262	Catarina Viana da Costa	individual	Senior Feminino	01:09:03	+36:42	06:54
733	120	Helder Santos Branco	casal gt	Senior Masculino	01:09:38	+37:18	06:58
734	140	Susana Sofia Porfirio Marques	clube de albergaria - badminton	Senior Feminino	01:09:40	+37:19	06:58
735	332	Carlos Nogueira	individual	Senior Masculino	01:10:12	+37:51	07:01
736	18	carla ferreira	adrequeixo	Senior Feminino	01:10:59	+38:39	07:06
737	758	Angela Fidalgo	oli	Senior Feminino	01:11:22	+39:01	07:08
738	762	Rui leal	oli	Senior Masculino	01:11:22	+39:02	07:08
739	121	Catarina Pinto	catarina	Veterana F40	01:11:40	+39:20	07:10
740	410	Luís Soares	individual	Senior Masculino	01:11:41	+39:20	07:10
741	125	Cátia Santos	cátia	Senior Feminino	01:11:59	+39:39	07:12
742	565	Felisberto Teixeira	individual	Veterano M40	01:11:59	+39:39	07:12
743	320	Antonio Teixeira	individual	Senior Masculino	01:18:08	+45:48	07:49
744	276	Joana Patricia Alves de Oliviera Amaral	individual	Senior Feminino	01:19:38	+47:18	07:58
745	629	Rui jorge Santos Neves Ferreira	individual	Veterano M40	01:19:39	+47:18	07:58
746	251	Ana Teles	individual	Senior Feminino	01:19:44	+47:24	07:58
747	92	Regina Marvão	borabora, vamos lá!	Senior Feminino	01:20:02	+47:42	08:00
748	76	Jorge Godinho	atlético clube javalinense	Senior Masculino	01:21:04	+48:43	08:06

São Silvestre de Aveiro
Aveiro
03-December-2016

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	17:00	14ºC	82%
End	19:22	14ºC	82%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	921	Marisa Rodrigues	SCBM	Senior Feminino	41:06		04:07
2	685	Ana Valente	JOBRA-ASSOCIAÇÃO JOVENS	Senior Feminino	43:38	+02:32	04:22
3	867	Joana Cunha	CASA DO POVO DE MANGUALDE	Senior Feminino	43:46	+02:41	04:23
4	920	Catarina Caetano	SCBM	Senior Feminino	45:14	+04:09	04:31
5	95	Catarina Fernandes	Brave Viriathvs Runners Viseu	Senior Feminino	45:18	+04:12	04:32
6	880	Andreia Craveiro	Individual	Senior Feminino	45:41	+04:36	04:34
7	686	Juliana Lopes	JOBRA-ASSOCIAÇÃO JOVENS	Senior Feminino	45:50	+04:44	04:35
8	170	Carolina Figueiredo	Cunha	Senior Feminino	47:14	+06:08	04:43
9	212	Filipa Cancela	Gesinserde team	Senior Feminino	47:51	+06:46	04:47
10	139	Sílvia Gomes	Clube de Albergaria - Badminton	Senior Feminino	47:55	+06:50	04:48
11	39	Patricia Ventura	AGD AGUEDA	Senior Feminino	48:19	+07:14	04:50
12	36	Liliana Silva	AGD AGUEDA	Senior Feminino	48:30	+07:25	04:51
13	214	Vera Lúcia Martins Nogueira	Gesinserde team	Senior Feminino	48:35	+07:30	04:52
14	713	Ana Moreira	MasspecSISTERS	Senior Feminino	49:52	+08:46	04:59
15	706	Marcia Cardoso	LOJA DO ATLETA	Senior Feminino	49:59	+08:54	05:00
16	745	Joana Tavares	Nokia Runners	Senior Feminino	50:06	+09:01	05:01
17	37	Manuela Teixeira	AGD AGUEDA	Senior Feminino	50:13	+09:08	05:01
18	40	Sandra Morais	AGD AGUEDA	Senior Feminino	50:28	+09:22	05:03
19	716	Sandra Oliveira	Melguinhas Doces	Senior Feminino	51:30	+10:24	05:09
20	270	Gorete Moreira	Individual	Senior Feminino	51:58	+10:52	05:12
21	298	Sara Quinta	Individual	Senior Feminino	52:02	+10:57	05:12
22	264	Cátia Aparicio	Individual	Senior Feminino	52:17	+11:12	05:14
23	727	Claudia Nogueira	MICLA	Senior Feminino	52:27	+11:21	05:15
24	12	Iolanda Babo	ADRA	Senior Feminino	52:33	+11:27	05:15
25	868	Joana Moutela	Centro Popular de Trabalhadores de Sobral de Ceira	Senior Feminino	52:36	+11:30	05:16
26	258	Antonio lopes	Individual	Senior Feminino	52:44	+11:39	05:16
27	268	Filipa Rovira	Individual	Senior Feminino	52:44	+11:39	05:16
28	296	Sandra Dantas	Individual	Senior Feminino	52:46	+11:41	05:17
29	164	Otília Trindade Pedrosa	Correr São Bernardo	Senior Feminino	52:48	+11:43	05:17
30	280	Marlene Duarte	Individual	Senior Feminino	52:54	+11:48	05:17
31	707	Sofia Figueiredo	LOJA DO ATLETA	Senior Feminino	53:05	+12:00	05:19
32	767	Raquel Ferreira Teixeira	ONDA CMMA	Senior Feminino	53:14	+12:09	05:19
33	295	Rosário Leite	Individual	Senior Feminino	53:23	+12:17	05:20
34	250	Ana Rocha	Individual	Senior Feminino	53:30	+12:25	05:21
35	254	ANDREIA PAULOS	Individual	Senior Feminino	54:01	+12:55	05:24
36	85	Sandra Almeida	Boa Vai "Ela"	Senior Feminino	54:07	+13:01	05:25
37	119	Patrícia A. M. Caçola Branco	Casal GT	Senior Feminino	54:28	+13:22	05:27
38	211	Ana Sofia Vidal	Gesinserde team	Senior Feminino	54:46	+13:40	05:29

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	138	Carolina Tavares	Clube de Albergaria - Badminton	Senior Feminino	54:47	+13:41	05:29
40	136	Alice Silva	Clube de Albergaria - Badminton	Senior Feminino	54:50	+13:44	05:29
41	879	Ana Filipa Teorgas Queirós	Individual	Senior Feminino	54:58	+13:52	05:30
42	126	Paivinha	Cátia	Senior Feminino	55:10	+14:04	05:31
43	721	Cláudia Rosa	Mexe Mexe Runners	Senior Feminino	55:13	+14:07	05:31
44	730	Ana Sofia Montez	MJAS	Senior Feminino	55:27	+14:21	05:33
45	38	Marisa Marques	AGD AGUEDA	Senior Feminino	55:34	+14:28	05:33
46	30	Ana Pinto	AGD AGUEDA	Senior Feminino	55:34	+14:28	05:33
47	300	SMónica	Individual	Senior Feminino	55:36	+14:31	05:34
48	230	Nancy Almeida	HAPPY HOUR	Senior Feminino	56:04	+14:59	05:36
49	715	Berta Pires	Melguinhas Doces	Senior Feminino	56:07	+15:02	05:37
50	31	Bruna Costa	AGD AGUEDA	Senior Feminino	56:09	+15:04	05:37
51	172	Vania baptista	DAR - Desportivo Atlético de Recardaes	Senior Feminino	56:16	+15:10	05:38
52	875	Vânia Costa	HUGO SANTOS	Senior Feminino	56:23	+15:17	05:38
53	246	Ana Luisa Marques Pinho	Individual	Senior Feminino	56:25	+15:20	05:39
54	283	Marta Loureiro	Individual	Senior Feminino	56:48	+15:43	05:41
55	306	Teresa Campos Amorim Silva Dias	Individual	Senior Feminino	56:54	+15:48	05:41
56	290	Nicole Mendes da Silva	Individual	Senior Feminino	57:13	+16:08	05:43
57	299	Silvia Susana Rodrigues	Individual	Senior Feminino	57:17	+16:12	05:44
58	261	Catarina Silva	Individual	Senior Feminino	57:22	+16:16	05:44
59	196	PATRICIA FERREIRA	ÉPICOS	Senior Feminino	57:22	+16:16	05:44
60	195	NATACHA SILVA	ÉPICOS	Senior Feminino	57:23	+16:17	05:44
61	786	Andreia Valente	os caga tacos running team	Senior Feminino	57:34	+16:29	05:45
62	278	Maria Cotrim	Individual	Senior Feminino	58:05	+17:00	05:49
63	854	Micaela Feitor	Women@Renault	Senior Feminino	58:10	+17:05	05:49
64	303	Susana Pereira	Individual	Senior Feminino	58:17	+17:11	05:50
65	952	Isabel Cruz	Individual	Senior Feminino	58:21	+17:15	05:50
66	137	Ana Luísa Oliveira Reis	Clube de Albergaria - Badminton	Senior Feminino	58:22	+17:16	05:50
67	815	Vera Oliveira	run4fun	Senior Feminino	58:32	+17:27	05:51
68	711	Helena Cristina Lopes Silva	Lopes Silva	Senior Feminino	58:36	+17:31	05:52
69	284	Marta Pereira	Individual	Senior Feminino	58:55	+17:50	05:54
70	732	Vera Silva	Molinhas Team	Senior Feminino	59:34	+18:28	05:57
71	308	Vanessa Alexandra de Oliveira Santos	Individual	Senior Feminino	01:00:00	+18:54	06:00
72	297	Sandra Sá	Individual	Senior Feminino	01:00:30	+19:24	06:03
73	589	Claudia Tomé	Individual	Senior Feminino	01:00:34	+19:28	06:03
74	271	Inês S	Individual	Senior Feminino	01:00:36	+19:31	06:04
75	245	Ana Fernandes	Individual	Senior Feminino	01:00:46	+19:41	06:05
76	256	Ângela Daniela Julião de Almeida	Individual	Senior Feminino	01:01:00	+19:55	06:06
77	722	Joana Oliveira	Mexe Mexe Runners	Senior Feminino	01:01:05	+19:59	06:07
78	286	Marta Sousa	Individual	Senior Feminino	01:01:07	+20:01	06:07
79	96	GORETI LAMEIRA	Brave Viriathvs Runners Viseu	Senior Feminino	01:01:12	+20:06	06:07
80	263	Cátea Sanchez	Individual	Senior Feminino	01:01:16	+20:11	06:08
81	11	Deolinda Martins	ADRA	Senior Feminino	01:01:21	+20:15	06:08
82	10	Andreia Magalhães	ADRA	Senior Feminino	01:01:42	+20:36	06:10
83	293	Rafaela Ferraz	Individual	Senior Feminino	01:01:59	+20:54	06:12
84	766	Nicole Ferreira Teixeira	ONDA CMMA	Senior Feminino	01:02:19	+21:13	06:14

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

85	287	miriam reis	Individual	Senior Feminino	01:02:19	+21:14	06:14
86	289	Mónica Oliveira Estima Gameiro	Individual	Senior Feminino	01:03:04	+21:59	06:18
87	252	Ana Teresa Rodrigues Figueiredo	Individual	Senior Feminino	01:03:35	+22:30	06:22
88	75	Patricia Fonseca	Atlético Clube Javalinense	Senior Feminino	01:03:52	+22:46	06:23
89	248	Ana Raquel Leite Gomes Meira	Individual	Senior Feminino	01:03:52	+22:46	06:23
90	232	Sónia Emanuela da Silva Baptista	Happy run	Senior Feminino	01:03:55	+22:50	06:24
91	33	Glória Costa	AGD AGUEDA	Senior Feminino	01:04:02	+22:57	06:24
92	257	Ângela Vidal	Individual	Senior Feminino	01:04:22	+23:16	06:26
93	728	Rute Marques	MICLA	Senior Feminino	01:04:27	+23:22	06:27
94	66	Raquel Linhares	ASES DO ASFALTO	Senior Feminino	01:04:27	+23:22	06:27
95	90	Ana Cláudia Costa	BoraBora, Vamos Lá!	Senior Feminino	01:04:29	+23:23	06:27
96	281	Marta Esteves	Individual	Senior Feminino	01:04:36	+23:30	06:28
97	91	Paula Julieta Santos	BoraBora, Vamos Lá!	Senior Feminino	01:04:43	+23:37	06:28
98	260	Carina Patrícia Ferreira Rodrigues	Individual	Senior Feminino	01:05:45	+24:40	06:35
99	243	Ana Braga	Individual	Senior Feminino	01:06:12	+25:07	06:37
100	35	Katy Lopes	AGD AGUEDA	Senior Feminino	01:06:50	+25:44	06:41
101	34	Katia Pereira	AGD AGUEDA	Senior Feminino	01:06:50	+25:45	06:41
102	32	Dina Figueiredo	AGD AGUEDA	Senior Feminino	01:07:03	+25:58	06:42
103	301	Susana Cristo	Individual	Senior Feminino	01:07:11	+26:05	06:43
104	950	Margarida Cunha	Individual	Senior Feminino	01:07:20	+26:14	06:44
105	701	Liliana Fonseca Nunes	L&P	Senior Feminino	01:07:28	+26:22	06:45
106	292	PINAR KURT	Individual	Senior Feminino	01:07:42	+26:36	06:46
107	743	Daniela Castro	Nokia Runners	Senior Feminino	01:07:46	+26:40	06:47
108	262	Catarina Viana da Costa	Individual	Senior Feminino	01:09:03	+27:57	06:54
109	140	Susana Sofia Porfirio Marques	Clube de Albergaria - Badminton	Senior Feminino	01:09:40	+28:34	06:58
110	18	carla ferreira	ADRequeixo	Senior Feminino	01:10:59	+29:54	07:06
111	758	Angela Fidalgo	OLI	Senior Feminino	01:11:22	+30:16	07:08
112	125	Cátia Santos	Cátia	Senior Feminino	01:11:59	+30:54	07:12
113	276	Joana Patricia Alves de Oliviera Amaral	Individual	Senior Feminino	01:19:38	+38:33	07:58
114	251	Ana Teles	Individual	Senior Feminino	01:19:44	+38:39	07:58
115	92	Regina Marvão	BoraBora, Vamos Lá!	Senior Feminino	01:20:02	+38:57	08:00

Senior Masculino

1	114	adriao rodrigues	campismo	Senior Masculino	32:21		03:14
2	689	Rogério Bessa	JOBRA-ASSOCIAÇÃO JOVENS	Senior Masculino	32:22	+00:01	03:14
3	176	Hélder Lopes	DCI/CCDRPedrulha-Mealhada	Senior Masculino	33:39	+01:18	03:22
4	108	Miguel Neves	Bresimar	Senior Masculino	34:29	+02:09	03:27
5	70	RUI LOPES	Associação Académica de Coimbra	Senior Masculino	35:22	+03:02	03:32
6	492	Sergio Lopes	Individual	Senior Masculino	35:22	+03:02	03:32
7	179	Telmo Nascimento	DCI/CCDRPedrulha-Mealhada	Senior Masculino	35:25	+03:04	03:33
8	869	João Rodrigues	Centro Popular de Trabalhadores de Sobral de Ceira	Senior Masculino	35:39	+03:18	03:34
9	890	João Dias	Individual	Senior Masculino	35:47	+03:27	03:35
10	352	Fernando Oliveira	Individual	Senior Masculino	36:50	+04:29	03:41
11	696	Toni Soares	juventude ilha verde	Senior Masculino	36:54	+04:33	03:41

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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12	178	Paulo Pereira	DCI/CCDRPedrulha-Mealhada	Senior Masculino	37:00	+04:39	03:42
13	885	Bruno Cordeiro	Individual	Senior Masculino	37:05	+04:45	03:43
14	956	Diogo Pimenta	DCI/CCDRPedrulha-Mealhada	Senior Masculino	37:11	+04:51	03:43
15	370	João Andrade	Individual	Senior Masculino	37:21	+05:01	03:44
16	928	Rui Melo	SCBM	Senior Masculino	37:27	+05:07	03:45
17	902	Rafael Matias	Individual	Senior Masculino	37:59	+05:39	03:48
18	429	nelson maia	Individual	Senior Masculino	38:04	+05:43	03:48
19	688	Nuno Gonçalves	JOBRA-ASSOCIAÇÃO JOVENS	Senior Masculino	38:13	+05:52	03:49
20	426	Milton César Miranda dos Santos	Individual	Senior Masculino	38:20	+06:00	03:50
21	761	Rafael Miguel	OLI	Senior Masculino	39:05	+06:44	03:55
22	411	manuel antonio gomes fragoso	Individual	Senior Masculino	39:06	+06:45	03:55
23	851	Adriano Fonseca	VIVALLEY RUNNERS	Senior Masculino	39:14	+06:54	03:55
24	491	sergio	Individual	Senior Masculino	39:17	+06:56	03:56
25	797	TIAGO JESUS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	39:21	+07:00	03:56
26	927	Nuno Hélder Silva	SCBM	Senior Masculino	39:25	+07:05	03:57
27	51	Tiago Caetano	AGD AGUEDA	Senior Masculino	39:32	+07:12	03:57
28	687	Mauro Valente	JOBRA-ASSOCIAÇÃO JOVENS	Senior Masculino	39:33	+07:13	03:57
29	484	Rui Pedro Branco Costa	Individual	Senior Masculino	39:35	+07:15	03:58
30	943	Bruno Sequeira	Individual	Senior Masculino	39:36	+07:16	03:58
31	498	Tiago cardoso	Individual	Senior Masculino	39:40	+07:20	03:58
32	787	Bruno Macedo	os caga tacos running team	Senior Masculino	39:48	+07:27	03:59
33	789	André Ferreira	OZxtreme/RDAgueda	Senior Masculino	39:58	+07:38	04:00
34	941	André Nobre	Individual	Senior Masculino	39:59	+07:38	04:00
35	43	David Felizardo	AGD AGUEDA	Senior Masculino	40:04	+07:43	04:00
36	56	Paulo Faria	Aguim Runners	Senior Masculino	40:08	+07:48	04:01
37	421	MIGUEL GONÇALVES	Individual	Senior Masculino	40:28	+08:07	04:03
38	355	Filipe Carvalho	Individual	Senior Masculino	40:43	+08:23	04:04
39	959	Atleta 959	Individual	Senior Masculino	40:47	+08:27	04:05
40	455	Pedro Miguel Canha Santos	Individual	Senior Masculino	40:50	+08:30	04:05
41	790	Celso Moreira	OZxtreme/RDAgueda	Senior Masculino	40:52	+08:32	04:05
42	315	António JF Silva	Individual	Senior Masculino	40:54	+08:33	04:05
43	719	Pedro Alves	Melguinhas Doces	Senior Masculino	40:54	+08:34	04:05
44	432	NUNO AMARAL	Individual	Senior Masculino	40:59	+08:38	04:06
45	469	Ricardo Pereira	Individual	Senior Masculino	41:04	+08:44	04:06
46	750	Jorge Faria	Nokia Runners	Senior Masculino	41:09	+08:49	04:07
47	80	Sérgio Pericão	Aveiro Runners	Senior Masculino	41:23	+09:02	04:08
48	396	José Miguel Reis e Rego	Individual	Senior Masculino	41:34	+09:13	04:09
49	358	Frederico Carvalho	Individual	Senior Masculino	41:36	+09:15	04:10
50	341	David Rodrigues	Individual	Senior Masculino	41:41	+09:21	04:10
51	87	Davide Carvalho	Boa Vai "Ela"	Senior Masculino	41:49	+09:28	04:11
52	472	Rodrigo António Pires Costinha	Individual	Senior Masculino	41:58	+09:38	04:12
53	378	Jorge Costa	Individual	Senior Masculino	42:00	+09:39	04:12
54	313	André Rocha	Individual	Senior Masculino	42:02	+09:41	04:12
55	467	Ricardo Melo	Individual	Senior Masculino	42:04	+09:43	04:12
56	846	Oscar Sobral	Viriathvs Runners Viseu	Senior Masculino	42:06	+09:46	04:13
57	924	Emidio Correia	SCBM	Senior Masculino	42:08	+09:47	04:13

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

58	845	Joel Ramalhoto	Viriathvs Runners Viseu	Senior Masculino	42:22	+10:01	04:14
59	810	Sérgio Louros	Restaurante A Cave	Senior Masculino	42:22	+10:01	04:14
60	321	bruno andret ribeiro da silva	Individual	Senior Masculino	42:25	+10:05	04:15
61	443	Paulo Fidalgo	Individual	Senior Masculino	42:25	+10:05	04:15
62	374	João Neves	Individual	Senior Masculino	42:31	+10:11	04:15
63	768	Carlos Fonseca	ONDA CMMA	Senior Masculino	42:32	+10:11	04:15
64	215	Carlos Alberto da Silva Abreu	Gesinserde team	Senior Masculino	42:35	+10:14	04:16
65	440	Nuno Miguel Moura Cachulo	Individual	Senior Masculino	42:36	+10:15	04:16
66	403	Luís Filipe Loureiro Marques Cotovio	Individual	Senior Masculino	42:36	+10:15	04:16
67	146	Sérgio Nolasco	Clube de Albergaria - Badminton	Senior Masculino	42:36	+10:16	04:16
68	376	João Simões	Individual	Senior Masculino	42:46	+10:26	04:17
69	753	Márcio Silva	Nokia Runners	Senior Masculino	42:50	+10:30	04:17
70	923	Edivaldo Maciel	SCBM	Senior Masculino	42:52	+10:31	04:17
71	731	Mário João Pires	MJAS	Senior Masculino	43:01	+10:41	04:18
72	86	António Bela	Boa Vai "Ela"	Senior Masculino	43:16	+10:55	04:20
73	718	gabriel rocha	Melguinhas Doces	Senior Masculino	43:20	+11:00	04:20
74	184	Hugo Silva	DURAVIT - RACE TEAM	Senior Masculino	43:24	+11:03	04:20
75	496	Telmo Filipe Martins Dias	Individual	Senior Masculino	43:38	+11:17	04:22
76	50	Sergio Correia	AGD AGUEDA	Senior Masculino	43:39	+11:19	04:22
77	749	Flavio Silvestre	Nokia Runners	Senior Masculino	43:41	+11:21	04:22
78	357	Fred Pinheiro Gomes	Individual	Senior Masculino	43:43	+11:23	04:22
79	466	Ricardo Gonçalves	Individual	Senior Masculino	43:45	+11:25	04:23
80	362	Hélder Gonçalves	Individual	Senior Masculino	43:51	+11:31	04:23
81	446	Paulo Rafael Sousa Teixeira	Individual	Senior Masculino	43:53	+11:32	04:23
82	434	Nuno Leite	Individual	Senior Masculino	43:53	+11:32	04:23
83	217	João Filipe Magano Maio	Gesinserde team	Senior Masculino	43:53	+11:33	04:23
84	422	Miguel Lamas	Individual	Senior Masculino	43:55	+11:35	04:24
85	62	Alex Almeida	Alex	Senior Masculino	43:57	+11:37	04:24
86	21	Filipe Costa	ADRequeixo	Senior Masculino	43:57	+11:37	04:24
87	462	Ricardo Alexandre Rodrigues Ferreira	Individual	Senior Masculino	44:14	+11:53	04:25
88	6	Rui Reis	100GPS	Senior Masculino	44:21	+12:01	04:26
89	47	Hugo Martins	AGD AGUEDA	Senior Masculino	44:25	+12:05	04:27
90	788	Pedro Lopes	os caga tacos running team	Senior Masculino	44:30	+12:09	04:27
91	46	Frederico Teixeira	AGD AGUEDA	Senior Masculino	44:39	+12:19	04:28
92	399	José Ribeiro	Individual	Senior Masculino	44:40	+12:19	04:28
93	878	Manuel Maia	HUGO SANTOS	Senior Masculino	44:42	+12:22	04:28
94	29	Sérgio Rodrigues	AFIS/OVAR	Senior Masculino	44:42	+12:22	04:28
95	204	João Toito	FFONSECA	Senior Masculino	44:49	+12:29	04:29
96	22	Filipe Mateus	ADRequeixo	Senior Masculino	44:50	+12:30	04:29
97	495	Simão Pedro da Rocha Rodrigues	Individual	Senior Masculino	44:55	+12:35	04:30
98	339	Daniel Vieira	Individual	Senior Masculino	44:59	+12:39	04:30
99	45	Emanuel Magalhães	AGD AGUEDA	Senior Masculino	45:04	+12:43	04:30
100	829	Mário Silva	TONDELA	Senior Masculino	45:06	+12:46	04:31
101	470	Ricardo Sousa	Individual	Senior Masculino	45:09	+12:48	04:31
102	24	Rui Gala	ADRequeixo	Senior Masculino	45:12	+12:51	04:31
103	235	Duarte Miguel Pereira da Costa	HealthyPump Runners	Senior Masculino	45:12	+12:52	04:31

104	929	Tiago Santos	SCBM	Senior Masculino	45:14	+12:54	04:31
105	171	Filipe Cunha	Cunha	Senior Masculino	45:16	+12:55	04:32
106	234	Carlos Miguel Simões Morais	HealthyPump Runners	Senior Masculino	45:16	+12:56	04:32
107	142	Marco Coelho	Clube de Albergaria - Badminton	Senior Masculino	45:17	+12:56	04:32
108	413	Márcio Machado	Individual	Senior Masculino	45:18	+12:58	04:32
109	507	vitor mariano silva santos	Individual	Senior Masculino	45:20	+12:59	04:32
110	409	Luis Rodrigues	Individual	Senior Masculino	45:20	+12:59	04:32
111	450	Pedro Bastos	Individual	Senior Masculino	45:33	+13:12	04:33
112	930	Vitor Silva	SCBM	Senior Masculino	45:44	+13:24	04:34
113	876	Cláudio Pereira	HUGO SANTOS	Senior Masculino	45:49	+13:29	04:35
114	938	Pedro Silva	Individual	Senior Masculino	45:51	+13:30	04:35
115	926	Miguel Cunha	SCBM	Senior Masculino	45:52	+13:31	04:35
116	954	Tiago Costa	Individual	Senior Masculino	45:53	+13:32	04:35
117	41	Américo Lucas	AGD AGUEDA	Senior Masculino	45:53	+13:33	04:35
118	944	Bernardo Oliveira	Individual	Senior Masculino	45:54	+13:33	04:35
119	57	Pedro Bandarra	Aguim Runners	Senior Masculino	46:05	+13:44	04:37
120	487	Rui Sérgio Bastos Alves da Silva	Individual	Senior Masculino	46:06	+13:45	04:37
121	330	Carlos Jorge Silva	Individual	Senior Masculino	46:06	+13:46	04:37
122	796	DANIEL JESUS	RECREIO DESPORTIVO DE ÁGUEDA	Senior Masculino	46:09	+13:48	04:37
123	401	Leonardo Lourenço de Jesus	Individual	Senior Masculino	46:14	+13:54	04:37
124	449	Paulo Tavares	Individual	Senior Masculino	46:20	+14:00	04:38
125	49	Milton Reis	AGD AGUEDA	Senior Masculino	46:27	+14:07	04:39
126	505	Vasco José Moura Oliveira	Individual	Senior Masculino	46:34	+14:14	04:39
127	501	Tiago Miguel Rodrigues Gonçalves8	Individual	Senior Masculino	46:35	+14:14	04:40
128	318	António Pedro Delgado Morais	Individual	Senior Masculino	46:41	+14:21	04:40
129	490	Samuel Martinho	Individual	Senior Masculino	46:42	+14:22	04:40
130	345	Fábio costa	Individual	Senior Masculino	46:42	+14:22	04:40
131	349	Fábio Ricardo Elias Sousa Gomes	Individual	Senior Masculino	46:43	+14:23	04:40
132	503	Tiago Oliveira11	Individual	Senior Masculino	46:44	+14:23	04:40
133	816	Dinarte Vieira	run4fun	Senior Masculino	46:45	+14:24	04:41
134	377	Joel Oliveira	Individual	Senior Masculino	46:59	+14:39	04:42
135	483	Rui Moura	Individual	Senior Masculino	46:59	+14:39	04:42
136	383	Jorge Miguel Pereira	Individual	Senior Masculino	47:00	+14:40	04:42
137	437	Nuno Marnoto	Individual	Senior Masculino	47:03	+14:42	04:42
138	488	Rui Silva	Individual	Senior Masculino	47:04	+14:44	04:42
139	899	Paulo Batista	Individual	Senior Masculino	47:07	+14:46	04:43
140	418	Mario Silva	Individual	Senior Masculino	47:07	+14:47	04:43
141	901	Pedro Gomes	Individual	Senior Masculino	47:10	+14:50	04:43
142	110	Telmo Brandão	Bresimar	Senior Masculino	47:11	+14:50	04:43
143	236	Bruno Alves27	Hubby & wife	Senior Masculino	47:11	+14:51	04:43
144	375	João Pedro Rodrigues da Silva25	Individual	Senior Masculino	47:12	+14:51	04:43
145	905	Rodrigo Pinho	Individual	Senior Masculino	47:22	+15:02	04:44
146	187	Pedro Ferraz	Dureza Maxima	Senior Masculino	47:27	+15:06	04:45
147	324	Bruno Lameiro	Individual	Senior Masculino	47:33	+15:12	04:45
148	431	Nuno Alegria	Individual	Senior Masculino	47:39	+15:18	04:46
149	893	joao sousa	Individual	Senior Masculino	47:42	+15:21	04:46

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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150	117	Rui Pedro Borges	CANIANOS	Senior Masculino	47:52	+15:32	04:47
151	361	Hélder Duarte	Individual	Senior Masculino	47:53	+15:33	04:47
152	218	Pedro Manuel Rocha Camarinho	Gesinserde team	Senior Masculino	47:53	+15:33	04:47
153	143	Pedro Lopes	Clube de Albergaria - Badminton	Senior Masculino	47:56	+15:35	04:48
154	216	Cesário António dos Santos Madeira	Gesinserde team	Senior Masculino	47:58	+15:37	04:48
155	340	David Nogueira	Individual	Senior Masculino	48:00	+15:39	04:48
156	408	Luis Rodrigues	Individual	Senior Masculino	48:01	+15:41	04:48
157	888	Eurico Couto	Individual	Senior Masculino	48:03	+15:43	04:48
158	150	Guilherme Carlos	CMA	Senior Masculino	48:06	+15:45	04:49
159	499	Tiago Francisco de Magalhães Teixeira	Individual	Senior Masculino	48:07	+15:46	04:49
160	346	Fábio Ferreira	Individual	Senior Masculino	48:19	+15:59	04:50
161	504	Tiago Santos Malta	Individual	Senior Masculino	48:21	+16:01	04:50
162	337	Cláudio Santos	Individual	Senior Masculino	48:25	+16:04	04:51
163	886	Carlos André Queirós Madureira	Individual	Senior Masculino	48:25	+16:05	04:51
164	819	Jorge Miguel de Bastos Loureiro	Sever Running Team	Senior Masculino	48:46	+16:25	04:53
165	115	António Borges	CANIANOS	Senior Masculino	48:48	+16:27	04:53
166	397	José Pedro Laranjeira2q	Individual	Senior Masculino	48:49	+16:29	04:53
167	809	Pedro Ferreira	Restaurante A Cave	Senior Masculino	48:55	+16:35	04:54
168	772	Rafael António Pires Oliveira	ONDA CMMA	Senior Masculino	48:56	+16:35	04:54
169	502	Tiago Noronha	Individual	Senior Masculino	48:59	+16:39	04:54
170	369	jhonny marques	Individual	Senior Masculino	49:09	+16:49	04:55
171	771	Ivo Gonçalves	ONDA CMMA	Senior Masculino	49:09	+16:49	04:55
172	430	NELSON VIEIRA	Individual	Senior Masculino	49:12	+16:51	04:55
173	465	Ricardo Fonte	Individual	Senior Masculino	49:18	+16:57	04:56
174	494	Sérgio Simões Baptista	Individual	Senior Masculino	49:19	+16:58	04:56
175	892	joao paulo goncalves	Individual	Senior Masculino	49:20	+16:59	04:56
176	116	Luís Miguel Pinto Sampaio	CANIANOS	Senior Masculino	49:27	+17:06	04:57
177	476	Rui Alexandre Guerra Batista	Individual	Senior Masculino	49:30	+17:09	04:57
178	350	Fernando Antunes	Individual	Senior Masculino	49:36	+17:15	04:58
179	405	Luís Miguel Coelho Inácio	Individual	Senior Masculino	49:36	+17:15	04:58
180	360	Hélder Cruz	Individual	Senior Masculino	49:42	+17:22	04:58
181	438	Nuno Matos	Individual	Senior Masculino	49:44	+17:24	04:58
182	817	Nuno Oliveira	run4fun	Senior Masculino	49:45	+17:24	04:59
183	441	Nuno Santos	Individual	Senior Masculino	49:50	+17:29	04:59
184	473	Rodrigo Santos	Individual	Senior Masculino	49:57	+17:36	05:00
185	479	Rui Gomes Gonçalves	Individual	Senior Masculino	49:59	+17:38	05:00
186	436	Nuno Luís Machado de Morais	Individual	Senior Masculino	50:06	+17:45	05:01
187	951	Adriano Carreira	Individual	Senior Masculino	50:11	+17:51	05:01
188	451	Pedro Carvalho	Individual	Senior Masculino	50:13	+17:53	05:01
189	331	Carlos marcelo dias marques	Individual	Senior Masculino	50:21	+18:00	05:02
190	325	Bruno Manuel Pereira Cancela	Individual	Senior Masculino	50:22	+18:02	05:02
191	371	joao carlos pereira	Individual	Senior Masculino	50:27	+18:06	05:03
192	165	Nelson Simões	Correr São Bernardo	Senior Masculino	50:36	+18:15	05:04
193	328	Carlos Alberto Simoes	Individual	Senior Masculino	50:53	+18:33	05:05
194	747	Daniel Martins	Nokia Runners	Senior Masculino	50:58	+18:38	05:06
195	348	Fábio Pizarro	Individual	Senior Masculino	51:00	+18:40	05:06

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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196	900	Pedro Gabriel Silva	Individual	Senior Masculino	51:02	+18:42	05:06
197	960	João Almeida	Individual	Senior Masculino	51:03	+18:43	05:06
198	458	Pedro Pereira	Individual	Senior Masculino	51:07	+18:47	05:07
199	168	Rui Miguel Barros	CorreRia	Senior Masculino	51:14	+18:53	05:07
200	351	Fernando Moreira	Individual	Senior Masculino	51:14	+18:53	05:07
201	506	Vidal Ferreira	Individual	Senior Masculino	51:14	+18:54	05:07
202	903	Rafael Neto Pinto	Individual	Senior Masculino	51:15	+18:54	05:08
203	770	Denis Conceição	ONDA CMMA	Senior Masculino	51:29	+19:08	05:09
204	237	Fiipe Fontes	IMPERRIA	Senior Masculino	51:30	+19:10	05:09
205	725	Ricardo Leitão	Mexe Mexe Runners	Senior Masculino	51:38	+19:17	05:10
206	188	Vitor Azevedo	Dureza Maxima	Senior Masculino	51:42	+19:21	05:10
207	141	Carlos Jesus	Clube de Albergaria - Badminton	Senior Masculino	51:42	+19:22	05:10
208	460	rafael oliveira	Individual	Senior Masculino	51:43	+19:23	05:10
209	55	Crispim Tribuna	Aguim Runners	Senior Masculino	51:44	+19:24	05:10
210	83	Rui Pedro Henriques Oliveira	Azeméis Runners	Senior Masculino	51:46	+19:26	05:11
211	319	Antonio Pedro Polonio	Individual	Senior Masculino	51:59	+19:38	05:12
212	454	Pedro Mendes	Individual	Senior Masculino	51:59	+19:38	05:12
213	508	Vitor Pereira	Individual	Senior Masculino	52:08	+19:47	05:13
214	382	Jorge Manuel Pereira Martins	Individual	Senior Masculino	52:08	+19:48	05:13
215	191	Paulo Barbosa	Emeteclass	Senior Masculino	52:11	+19:51	05:13
216	746	André Tavares	Nokia Runners	Senior Masculino	52:14	+19:54	05:13
217	457	Pedro Nuno Amorim Rodrigues	Individual	Senior Masculino	52:25	+20:04	05:15
218	842	Alexandre Santos	Trovisco Team	Senior Masculino	52:31	+20:10	05:15
219	381	Jorge Humberto Soares Marques	Individual	Senior Masculino	52:36	+20:15	05:16
220	887	Davide Pereira	Individual	Senior Masculino	52:38	+20:18	05:16
221	359	Frederico Henriques	Individual	Senior Masculino	52:43	+20:23	05:16
222	78	Júlio Teixeira	Aveiro Night Runners	Senior Masculino	52:51	+20:30	05:17
223	477	Rui Alexandre Mendes	Individual	Senior Masculino	52:54	+20:34	05:17
224	955	Atleta 955	Individual	Senior Masculino	53:12	+20:51	05:19
225	925	Leandro Amador	SCBM	Senior Masculino	53:26	+21:06	05:21
226	366	Hugo Rodrigues	Individual	Senior Masculino	53:31	+21:11	05:21
227	453	Pedro José Nunes Correia Ferreira	Individual	Senior Masculino	53:44	+21:23	05:22
228	843	Nuno Rainho	Trovisco Team	Senior Masculino	53:53	+21:32	05:23
229	89	Tiago Santos	Boa Vai "Ela"	Senior Masculino	54:06	+21:45	05:25
230	748	Daniel Rodrigues	Nokia Runners	Senior Masculino	54:09	+21:49	05:25
231	380	Jorge Daniel dos Santos Farias	Individual	Senior Masculino	54:14	+21:53	05:25
232	482	Rui Miguel Rama Travas	Individual	Senior Masculino	54:14	+21:54	05:25
233	791	Miguel Marques Oliveira	OZxtreme/RDAgueda	Senior Masculino	54:16	+21:56	05:26
234	88	Jorge Pinto	Boa Vai "Ela"	Senior Masculino	54:21	+22:01	05:26
235	471	Rodrigo Alexandre Silva	Individual	Senior Masculino	54:22	+22:01	05:26
236	481	Rui Miguel Fernandes Caseiro	Individual	Senior Masculino	54:23	+22:02	05:26
237	398	José Pires	Individual	Senior Masculino	54:26	+22:05	05:27
238	338	Daniel Coimbra	Individual	Senior Masculino	54:30	+22:10	05:27
239	197	ALEXANDRE FERNANDES	ÉPICOS	Senior Masculino	54:35	+22:15	05:28
240	372	João Francisco Duarte	Individual	Senior Masculino	54:45	+22:24	05:29
241	347	Fábio Miguel Andrade Magalhães	Individual	Senior Masculino	54:46	+22:25	05:29

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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242	742	ANDRE PEREIRA	MONDEGOPEÇAS	Senior Masculino	54:46	+22:26	05:29
243	895	José Filipe de Oliveira e Silva	Individual	Senior Masculino	54:58	+22:38	05:30
244	986	Carlos Martins	Individual	Senior Masculino	55:08	+22:48	05:31
245	769	Davide Amaral	ONDA CMMA	Senior Masculino	55:10	+22:49	05:31
246	388	Jose Luis da Costa Fernandes	Individual	Senior Masculino	55:11	+22:51	05:31
247	724	Gabriel Pepino	Mexe Mexe Runners	Senior Masculino	55:15	+22:54	05:32
248	20	Adriano Santos	ADRequeixo	Senior Masculino	55:21	+23:00	05:32
249	336	César Pita	Individual	Senior Masculino	55:40	+23:19	05:34
250	452	Pedro Gonçalo Gomes Ribeiro dos Santos	Individual	Senior Masculino	55:40	+23:20	05:34
251	333	Carlos Rebola	Individual	Senior Masculino	55:46	+23:25	05:35
252	717	carlos santos	Melguinhas Doces	Senior Masculino	55:55	+23:34	05:36
253	857	Nuno Ribeiro	Women@Renault	Senior Masculino	56:08	+23:47	05:37
254	23	Rui Almeida	ADRequeixo	Senior Masculino	56:09	+23:49	05:37
255	335	carlos Ribeiro	Individual	Senior Masculino	56:18	+23:57	05:38
256	444	Paulo Jorge Almeida Pereira	Individual	Senior Masculino	56:19	+23:58	05:38
257	877	Hugo Santos	HUGO SANTOS	Senior Masculino	56:23	+24:02	05:38
258	363	Hernâni Petiz	Individual	Senior Masculino	56:27	+24:07	05:39
259	509	Vítor Rafael Pereira Petiz da Cunha Baptista	Individual	Senior Masculino	56:35	+24:15	05:40
260	317	António Miguel Lopes Tavares	Individual	Senior Masculino	56:36	+24:15	05:40
261	500	Tiago Marques	Individual	Senior Masculino	56:38	+24:17	05:40
262	423	Miguel Marques	Individual	Senior Masculino	56:45	+24:25	05:41
263	316	António Loureiro	Individual	Senior Masculino	56:47	+24:27	05:41
264	439	Nuno Miguel Dias	Individual	Senior Masculino	56:50	+24:29	05:41
265	807	Gonçalo Ferreia	Restaurante A Cave	Senior Masculino	56:59	+24:38	05:42
266	406	Luís Miguel Ferreira Ramos	Individual	Senior Masculino	57:00	+24:40	05:42
267	417	Marco Paulo Pinto da Costa	Individual	Senior Masculino	57:01	+24:40	05:42
268	813	Gustavo Costa	rmcosta	Senior Masculino	57:03	+24:42	05:42
269	825	Andre Bonito	Tartarugas Ninjas	Senior Masculino	57:06	+24:46	05:43
270	343	Diogo Malheiro	Individual	Senior Masculino	57:08	+24:47	05:43
271	447	Paulo Ricardo Pinto do Carmo	Individual	Senior Masculino	57:11	+24:51	05:43
272	389	José Maia	Individual	Senior Masculino	57:14	+24:54	05:43
273	145	Ricardo Silva	Clube de Albergaria - Badminton	Senior Masculino	57:17	+24:56	05:44
274	84	Jorge Pitarma	Badminton CA	Senior Masculino	57:17	+24:56	05:44
275	480	Rui Henrique Ramos Estima10	Individual	Senior Masculino	57:18	+24:57	05:44
276	459	Pedro Vilela	Individual	Senior Masculino	57:23	+25:02	05:44
277	468	Ricardo Pascoal	Individual	Senior Masculino	57:26	+25:06	05:45
278	425	Miguel Miranda	Individual	Senior Masculino	57:30	+25:09	05:45
279	190	Henrique Oliveira	Emeteclass	Senior Masculino	57:56	+25:35	05:48
280	205	Sérgio Gonçalves	FFONSECA	Senior Masculino	58:03	+25:43	05:48
281	312	André Machado	Individual	Senior Masculino	58:03	+25:43	05:48
282	855	Frederico Angera	Women@Renault	Senior Masculino	58:11	+25:50	05:49
283	485	Rui Pereira	Individual	Senior Masculino	58:23	+26:03	05:50
284	858	Sergio Oliveira	Women@Renault	Senior Masculino	01:00:36	+28:16	06:04
285	28	Davide Silva	ADTravaso	Senior Masculino	01:00:47	+28:27	06:05
286	326	Bruno Miguel Costa Teixeira Ribeiro	Individual	Senior Masculino	01:00:56	+28:36	06:06

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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287	433	Nuno Filipe Cravo dos Santos	Individual	Senior Masculino	01:00:57	+28:36	06:06
288	486	Rui Pinho	Individual	Senior Masculino	01:01:10	+28:49	06:07
289	390	José Manuel Pereira Almeida	Individual	Senior Masculino	01:01:34	+29:13	06:09
290	889	Franklin Marques de Almeida Júnior	Individual	Senior Masculino	01:02:52	+30:32	06:17
291	414	Marco Jeronimo	Individual	Senior Masculino	01:03:07	+30:46	06:19
292	420	Miguel de Sa Coelho	Individual	Senior Masculino	01:03:28	+31:07	06:21
293	723	Flávio Sá	Mexe Mexe Runners	Senior Masculino	01:03:30	+31:10	06:21
294	77	Sérgio Oliveira	Atlético Clube Javalinense	Senior Masculino	01:03:53	+31:32	06:23
295	806	André Araújo	Restaurante A Cave	Senior Masculino	01:04:17	+31:56	06:26
296	729	Miguel Cardoso	MICLA	Senior Masculino	01:04:29	+32:08	06:27
297	416	Marco Paulo da Silva Leite	Individual	Senior Masculino	01:05:10	+32:50	06:31
298	364	Hugo Pereira	Individual	Senior Masculino	01:05:46	+33:25	06:35
299	189	Bruno Areias	Emeteclass	Senior Masculino	01:05:58	+33:37	06:36
300	44	Diogo Moreira	AGD AGUEDA	Senior Masculino	01:07:03	+34:42	06:42
301	428	Nelson de Oliveira	Individual	Senior Masculino	01:07:17	+34:57	06:44
302	751	Luis Carta	Nokia Runners	Senior Masculino	01:07:45	+35:24	06:47
303	120	Helder Santos Branco	Casal GT	Senior Masculino	01:09:38	+37:18	06:58
304	332	Carlos Nogueira	Individual	Senior Masculino	01:10:12	+37:51	07:01
305	762	Rui leal	OLI	Senior Masculino	01:11:22	+39:02	07:08
306	410	Luís Soares	Individual	Senior Masculino	01:11:41	+39:20	07:10
307	320	Antonio Teixeira	Individual	Senior Masculino	01:18:08	+45:48	07:49
308	76	Jorge Godinho	Atlético Clube Javalinense	Senior Masculino	01:21:04	+48:43	08:06

Veterana F40

1	690	Carla Fontoura	JOBRA-ASSOCIAÇÃO JOVENS	Veterana F40	45:51		04:35
2	915	Sandrine Sousa	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Veterana F40	46:56	+01:06	04:42
3	521	fernanda gomes	Individual	Veterana F40	48:22	+02:31	04:50
4	703	alda cordeiro7	ladecasa	Veterana F40	48:31	+02:41	04:51
5	534	Susana	Individual	Veterana F40	50:12	+04:21	05:01
6	931	Carla Cardoso	SCBM	Veterana F40	50:36	+04:45	05:04
7	147	Manuela Samagaio	Clube de Albergaria - Badminton	Veterana F40	50:36	+04:46	05:04
8	691	Rosa Lopes	JOBRA-ASSOCIAÇÃO JOVENS	Veterana F40	51:28	+05:38	05:09
9	832	Estefânia Lopes	TONDELA	Veterana F40	51:35	+05:45	05:10
10	97	Alzira Fernandes da Costa Barros	Brave Viriathvs Runners Viseu	Veterana F40	51:58	+06:07	05:12
11	841	Helena Sofia Lopes	Tribo NR	Veterana F40	52:05	+06:15	05:13
12	714	Elisabete da Costa	MasspecSISTERS	Veterana F40	52:20	+06:30	05:14
13	524	Ines Almeida	Individual	Veterana F40	52:23	+06:33	05:14
14	700	Maria João Almeida	KOTRAILRUNNING	Veterana F40	52:27	+06:36	05:15
15	132	Isabel Enes	CIRES Running Team	Veterana F40	52:46	+06:55	05:17
16	773	Carla Gonçalves	ONDA CMMA	Veterana F40	53:13	+07:22	05:19
17	754	Natércia Santiago	Nokia Runners	Veterana F40	53:16	+07:25	05:20
18	907	Maria Calvo	Individual	Veterana F40	53:23	+07:33	05:20
19	535	Teresa Marçal	Individual	Veterana F40	53:58	+08:07	05:24
20	820	Sofia Guerra	Sever Running Team	Veterana F40	54:05	+08:14	05:25

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

21	511	Anabela Amorim Leite	Individual	Veterana F40	54:06	+08:15	05:25
22	784	Adelaide Brandão	Os avenses	Veterana F40	54:20	+08:29	05:26
23	774	Claudia Amaro Figueiredo	ONDA CMMA	Veterana F40	54:26	+08:36	05:27
24	133	Lígia Casimiro	CIRES Running Team	Veterana F40	54:27	+08:37	05:27
25	513	Carla Isabel Lopes Carapinheira	Individual	Veterana F40	55:48	+09:57	05:35
26	152	Paula Rocha	CMA	Veterana F40	55:58	+10:07	05:36
27	518	eduarda	Individual	Veterana F40	56:04	+10:13	05:36
28	833	Maria Gomes	TONDELA	Veterana F40	56:14	+10:23	05:37
29	830	Anabela Correia	TONDELA	Veterana F40	56:15	+10:24	05:38
30	122	Isabel Coutinho	CATARINA	Veterana F40	56:18	+10:27	05:38
31	198	ISABEL RIBAU	ÉPICOS	Veterana F40	56:22	+10:32	05:38
32	510	Ana Rita Morais	Individual	Veterana F40	56:52	+11:01	05:41
33	519	Elizabete Pataco	Individual	Veterana F40	57:49	+11:58	05:47
34	831	Cornélia Weis	TONDELA	Veterana F40	57:53	+12:02	05:47
35	528	maria clemencio	Individual	Veterana F40	58:07	+12:17	05:49
36	712	Sílvia Maria Lopes Silva	Lopes Silva	Veterana F40	58:37	+12:46	05:52
37	859	Anabela Carvalho Teixeira	Women@Renault	Veterana F40	58:40	+12:50	05:52
38	798	CRISTINA XAVIER	RECREIO DESPORTIVO DE ÁGUEDA	Veterana F40	59:16	+13:26	05:56
39	945	Elisabete Matos	Individual	Veterana F40	59:23	+13:33	05:56
40	763	Maria José Rodrigues	OLI	Veterana F40	59:25	+13:35	05:57
41	764	Sónia Guerra	OLI	Veterana F40	59:25	+13:35	05:57
42	733	Arcelina Martinho	Molinhas Team	Veterana F40	59:34	+13:43	05:57
43	735	Isabel Lourenço	Molinhas Team	Veterana F40	01:00:40	+14:50	06:04
44	532	Sílvia Maria Nunes Cardoso da silva	Individual	Veterana F40	01:00:52	+15:02	06:05
45	526	Madalena Ferreira	Individual	Veterana F40	01:00:53	+15:03	06:05
46	98	Emilia Correia	Brave Viriathvs Runners Viseu	Veterana F40	01:01:11	+15:20	06:07
47	99	IRENE MELO	Brave Viriathvs Runners Viseu	Veterana F40	01:01:11	+15:21	06:07
48	847	Aleida Edite Rocha Gouveia	Viriathvs Runners Viseu	Veterana F40	01:01:12	+15:22	06:07
49	25	Judite Dias	ADRequeixo	Veterana F40	01:01:29	+15:39	06:09
50	531	Renata Andreia Silva Carvalho	Individual	Veterana F40	01:01:32	+15:42	06:09
51	737	Maria de Lourdes Pinto (MILU)	Molinhas Team	Veterana F40	01:01:42	+15:52	06:10
52	514	Cristina Aires	Individual	Veterana F40	01:01:44	+15:54	06:10
53	775	Maria Elizabete Gonçalves Ferreira	ONDA CMMA	Veterana F40	01:02:18	+16:28	06:14
54	529	Paula Cunha	Individual	Veterana F40	01:03:17	+17:27	06:20
55	533	silvina felix	Individual	Veterana F40	01:04:35	+18:45	06:28
56	516	Dina Leal	Individual	Veterana F40	01:05:08	+19:17	06:31
57	153	Susana Ferreira	CMA	Veterana F40	01:05:31	+19:40	06:33
58	736	Margarida Vasconcelos	Molinhas Team	Veterana F40	01:06:11	+20:20	06:37
59	776	Susana Cruz	ONDA CMMA	Veterana F40	01:06:24	+20:33	06:38
60	792	LENA ROSADO	pace.makers	Veterana F40	01:06:56	+21:05	06:42
61	93	Edite Fernandes	BoraBora, Vamos Lá!	Veterana F40	01:07:32	+21:42	06:45
62	121	Catarina Pinto	CATARINA	Veterana F40	01:11:40	+25:50	07:10

Veterana F50

1	835	Dina Mota	TONDELA	Veterana F50	47:54		04:48
2	307	Teresa Malheiro	Individual	Veterana F50	53:54	+06:00	05:23
3	738	Filomena Santos	Molinhas Team	Veterana F50	56:03	+08:09	05:36
4	539	teresa honorio	Individual	Veterana F50	58:45	+10:51	05:53
5	834	Célia Brito	TONDELA	Veterana F50	01:04:28	+16:33	06:27
6	199	ALBERTINA FERNANDES	ÉPICOS	Veterana F50	01:05:37	+17:42	06:34
7	538	Rosa Bispo	Individual	Veterana F50	01:06:01	+18:06	06:36

Veterano M40

1	73	RUI RODRIGUES	Associação Académica de Coimbra	Veterano M40	34:45		03:29
2	567	Fernando Santos	Individual	Veterano M40	35:09	+00:25	03:31
3	917	Ricardo Carvalho	NAC	Veterano M40	35:26	+00:42	03:33
4	181	João Pereira	DCI/CCDRPedrulha-Mealhada	Veterano M40	35:44	+00:59	03:34
5	916	António Sousa	JOBRA-ASSOCIAÇÃO JOVENS DA BRANCA	Veterano M40	36:33	+01:48	03:39
6	852	Cláudio Fonseca	VIVALLEY RUNNERS	Veterano M40	37:01	+02:17	03:42
7	619	Paulo Sérgio Rodrigues da Silva	Individual	Veterano M40	37:10	+02:26	03:43
8	180	carlos fernando da rocha ramos pimenta	DCI/CCDRPedrulha-Mealhada	Veterano M40	37:13	+02:29	03:43
9	71	PAULO ANTUNES	Associação Académica de Coimbra	Veterano M40	37:13	+02:29	03:43
10	802	Luís Miguel	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	37:22	+02:38	03:44
11	836	Carlos Ribeiro	TONDELA	Veterano M40	37:24	+02:40	03:44
12	173	Ruben Estima	DAR - Desportivo Atlético de Recardaes	Veterano M40	37:47	+03:02	03:47
13	220	Hilário Fernando Silva Pinto	Gesinserde team	Veterano M40	37:56	+03:11	03:48
14	570	HEITOR COSTA	Individual	Veterano M40	38:05	+03:21	03:49
15	957	João Paulo Almeida	DCI/CCDRPedrulha-Mealhada	Veterano M40	38:59	+04:15	03:54
16	693	José Ferreira	JOBRA-ASSOCIAÇÃO JOVENS	Veterano M40	39:17	+04:32	03:56
17	549	Antonio ManuelEsteves Oliveira Silva	Individual	Veterano M40	39:31	+04:47	03:57
18	853	Ricardo Fonseca	VIVALLEY RUNNERS	Veterano M40	39:32	+04:48	03:57
19	800	CARLOS GUERRA	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	39:33	+04:48	03:57
20	692	João Neves	JOBRA-ASSOCIAÇÃO JOVENS	Veterano M40	39:41	+04:57	03:58
21	563	Cláudio Queiroga	Individual	Veterano M40	39:43	+04:59	03:58
22	72	PAULO PEREIRA	Associação Académica de Coimbra	Veterano M40	39:47	+05:02	03:59
23	934	Paulo Miranda	SCBM	Veterano M40	40:33	+05:48	04:03
24	226	Paulo Briga	Grecas	Veterano M40	40:40	+05:55	04:04
25	545	António José da Cunha Lourenço	Individual	Veterano M40	41:25	+06:41	04:09
26	637	Vítor Ribau26	Individual	Veterano M40	41:26	+06:42	04:09
27	599	manuel marques	Individual	Veterano M40	41:35	+06:51	04:10
28	849	José Almeida	Viriathvs Runners Viseu	Veterano M40	41:38	+06:53	04:10

Prova Principal

10 KM

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29	60	José Campar	Aguim Runners	Veterano M40	41:45	+07:01	04:11
30	864	Pedro Silva	Women@Renault	Veterano M40	41:52	+07:08	04:11
31	628	rafael guedes	Individual	Veterano M40	41:57	+07:12	04:12
32	936	JOSE FARO	Viriathvs Runners Viseu	Veterano M40	42:25	+07:40	04:15
33	604	Miguel Campos	Individual	Veterano M40	42:27	+07:42	04:15
34	61	Rui Sousa	Aguim Runners	Veterano M40	42:29	+07:44	04:15
35	596	Luís Rabaça	Individual	Veterano M40	42:45	+08:00	04:17
36	597	Luis Ramos	Individual	Veterano M40	42:48	+08:03	04:17
37	206	Fernando Matos	FFONSECA	Veterano M40	43:13	+08:29	04:19
38	202	Luis Fonseca	Escola de Atletismo de Coimbra / JPaiva	Veterano M40	43:18	+08:34	04:20
39	203	Nuno Costa	Escola de Atletismo de Coimbra / JPaiva	Veterano M40	43:22	+08:37	04:20
40	870	Celso Pereira	Centro Popular de Trabalhadores de Sobral de Ceira	Veterano M40	43:24	+08:40	04:20
41	571	Helder Oliveira	Individual	Veterano M40	43:25	+08:40	04:21
42	27	Jorge Vilela	ADRequeixo	Veterano M40	43:36	+08:51	04:22
43	557	Carlos Jorge Oliveira Guiomar	Individual	Veterano M40	43:54	+09:10	04:23
44	580	José fonseca	Individual	Veterano M40	44:03	+09:19	04:24
45	606	Miguel Laranjeira	Individual	Veterano M40	44:05	+09:20	04:25
46	103	Luis Bernardo	Brave Viriathvs Runners Viseu	Veterano M40	44:16	+09:31	04:26
47	613	Paulo Gomes	Individual	Veterano M40	44:29	+09:44	04:27
48	710	Oscar Ramalho	LOJA DO ATLETA	Veterano M40	44:52	+10:07	04:29
49	182	Pedro Barros	DCI/CCDRPedrulha-Mealhada	Veterano M40	45:06	+10:22	04:31
50	848	Fernando Neri	Viriathvs Runners Viseu	Veterano M40	45:22	+10:37	04:32
51	53	Pedro Teixeira	AGD AGUEDA	Veterano M40	45:25	+10:41	04:33
52	616	Paulo marcal	Individual	Veterano M40	45:39	+10:55	04:34
53	811	José Manuel Plácido Rodrigues	Riaparque	Veterano M40	46:09	+11:25	04:37
54	81	Agostinho Moreira	Aveiro Runners	Veterano M40	46:19	+11:34	04:38
55	837	Paulo Silva	TONDELA	Veterano M40	46:20	+11:35	04:38
56	755	João Gomes	Nokia Runners	Veterano M40	46:21	+11:36	04:38
57	161	nelson martins santiago	CMMC Centro Municipal de Marcha e Corrida de Albergaria-a-Velha	Veterano M40	46:21	+11:37	04:38
58	591	luis manuel de almeida rodrigues	Individual	Veterano M40	46:27	+11:42	04:39
59	739	João Carlos Ribeiro	Molinhas Team	Veterano M40	46:30	+11:45	04:39
60	578	Jorge Rodrigues	Individual	Veterano M40	46:34	+11:50	04:39
61	871	Pedro Roque26	Centro Popular de Trabalhadores de Sobral de Ceira	Veterano M40	46:49	+12:05	04:41
62	551	Armindo Bastos	Individual	Veterano M40	47:01	+12:16	04:42
63	801	FILIPE ALMEIDA	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	47:02	+12:18	04:42
64	799	CARLOS ESTIMA	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M40	47:03	+12:18	04:42
65	909	Miguel Santos	Individual	Veterano M40	47:06	+12:21	04:43
66	155	André Costa	CMA	Veterano M40	47:08	+12:24	04:43
67	850	Rui Pires Silva	Viriathvs Runners Viseu	Veterano M40	47:19	+12:35	04:44
68	207	José Alves	FFONSECA	Veterano M40	47:34	+12:49	04:45
69	582	José Manuel Martins Ribeiro	Individual	Veterano M40	47:34	+12:50	04:45

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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70	546	Antonio Jose Marques Ribeiro	Individual	Veterano M40	47:47	+13:03	04:47
71	781	Sérgio Amaral	ONDA CMMA	Veterano M40	47:54	+13:10	04:47
72	838	Pedro Tavares	TONDELA	Veterano M40	47:55	+13:10	04:48
73	556	Carlos Ferreira	Individual	Veterano M40	48:06	+13:22	04:49
74	630	Rui Martins	Individual	Veterano M40	48:09	+13:25	04:49
75	795	Sérgio Ferraz	PENTA CLUBE DA COVILHÃ	Veterano M40	48:14	+13:29	04:49
76	542	alexandre almeida	Individual	Veterano M40	48:34	+13:49	04:51
77	544	Amilcar Dias Vinagre Simões	Individual	Veterano M40	48:39	+13:55	04:52
78	605	Miguel Capela	Individual	Veterano M40	48:51	+14:06	04:53
79	564	David Jorge Almeida Silva	Individual	Veterano M40	49:13	+14:29	04:55
80	704	cesario rocha	ladecasa	Veterano M40	49:21	+14:36	04:56
81	590	Luis Francisco Duarte	Individual	Veterano M40	49:32	+14:47	04:57
82	577	Joaquim Manuel Marques Balreira	Individual	Veterano M40	49:34	+14:50	04:57
83	573	João Alexandre Matos	Individual	Veterano M40	49:42	+14:58	04:58
84	15	Mário Tavares	ADRA	Veterano M40	49:44	+15:00	04:58
85	598	Manuel Castanheira Almeida Jacinto	Individual	Veterano M40	49:50	+15:06	04:59
86	631	Rui Melo	Individual	Veterano M40	49:53	+15:08	04:59
87	621	Pedro Miguel Monteiro Baptista	Individual	Veterano M40	50:07	+15:22	05:01
88	625	Pedro Santos Leite Ferreira	Individual	Veterano M40	50:09	+15:25	05:01
89	611	Nuno Félix	Individual	Veterano M40	50:12	+15:27	05:01
90	240	Nuno Fontes	IMPERRIA	Veterano M40	50:13	+15:29	05:01
91	583	José Quadrado	Individual	Veterano M40	50:28	+15:43	05:03
92	229	RENATO MIGUEL GIL SOUSA MOEDAS	GS MORENOS	Veterano M40	50:31	+15:46	05:03
93	617	Paulo Pinto	Individual	Veterano M40	50:33	+15:48	05:03
94	576	João Pereira	Individual	Veterano M40	51:34	+16:50	05:09
95	595	Luis Pessoa	Individual	Veterano M40	51:38	+16:54	05:10
96	26	helder ribeiro	ADRequeixo	Veterano M40	51:44	+16:59	05:10
97	862	João Pina Gonçalves	Women@Renault	Veterano M40	51:50	+17:06	05:11
98	52	Miguel Abrantes	AGD AGUEDA	Veterano M40	51:52	+17:07	05:11
99	866	Miguel Oliveira	100GPS	Veterano M40	51:54	+17:10	05:11
100	329	Carlos Aurélio e Silva Lopes	Individual	Veterano M40	52:02	+17:17	05:12
101	765	Manuel Araújo	OLI	Veterano M40	52:02	+17:17	05:12
102	592	Luís Miguel Duarte Carvalho	Individual	Veterano M40	52:06	+17:21	05:13
103	624	Pedro Ruano de Castro	Individual	Veterano M40	52:07	+17:22	05:13
104	540	Alberto Branco	Individual	Veterano M40	52:09	+17:25	05:13
105	102	JOSE MELO	Brave Viriathvs Runners Viseu	Veterano M40	52:24	+17:40	05:14
106	541	Alcides Paulo	Individual	Veterano M40	52:28	+17:44	05:15
107	615	Paulo Manuel Soares Marques	Individual	Veterano M40	52:35	+17:50	05:16
108	575	João Pedro Santos Marques	Individual	Veterano M40	52:51	+18:07	05:17
109	584	José Rodrigues	Individual	Veterano M40	52:54	+18:09	05:17
110	933	Nelson Duarte	SCBM	Veterano M40	53:27	+18:42	05:21
111	572	Humberto Gaio	Individual	Veterano M40	53:32	+18:47	05:21
112	579	José Carlos Pinhal	Individual	Veterano M40	53:36	+18:51	05:22
113	785	Paulo Pinheiro	Os avenses	Veterano M40	53:42	+18:58	05:22
114	7	Silvio Gaspar	100GPS	Veterano M40	54:14	+19:30	05:25
115	311	Alcino Patoilo	Individual	Veterano M40	54:37	+19:52	05:28

116	228	PAULO MANUEL OLIVEIRA RAMOS	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Veterano M40	54:38	+19:53	05:28
117	844	António Santos	Trovisco Team	Veterano M40	55:06	+20:22	05:31
118	123	Miguel Reis	CATARINA	Veterano M40	55:33	+20:48	05:33
119	894	Jose Carvalho	Individual	Veterano M40	55:37	+20:52	05:34
120	547	Antonio lopes	Individual	Veterano M40	55:48	+21:03	05:35
121	543	Amílcar Covelo	Individual	Veterano M40	55:50	+21:06	05:35
122	231	Luís Almeida	HAPPY HOUR	Veterano M40	56:03	+21:19	05:36
123	780	Rui Ferreira	ONDA CMMA	Veterano M40	56:15	+21:31	05:38
124	124	Pedro Coutinho	CATARINA	Veterano M40	56:18	+21:33	05:38
125	822	Nuno Tiago Gabriel Fernandes	Sónia	Veterano M40	56:21	+21:37	05:38
126	777	João Reis	ONDA CMMA	Veterano M40	56:29	+21:45	05:39
127	134	Alexandre Henriques	CIRES Running Team	Veterano M40	56:31	+21:47	05:39
128	623	Pedro Neves	Individual	Veterano M40	56:33	+21:49	05:39
129	608	Miguel Tavares	Individual	Veterano M40	56:39	+21:54	05:40
130	634	Vitor Figueiredo	Individual	Veterano M40	56:43	+21:58	05:40
131	562	Christopher Guimaraens	Individual	Veterano M40	57:15	+22:30	05:44
132	157	Carlos Silva	CMA	Veterano M40	57:26	+22:42	05:45
133	609	Nelson Ruivo	Individual	Veterano M40	57:27	+22:42	05:45
134	233	Óscar Filipe Fernandes Lopes	Happy run	Veterano M40	57:52	+23:07	05:47
135	618	Paulo Sérgio Dias	Individual	Veterano M40	58:00	+23:15	05:48
136	558	Carlos Negrão	Individual	Veterano M40	58:14	+23:29	05:49
137	953	Jorge Soares	Individual	Veterano M40	58:20	+23:36	05:50
138	778	João Soares Dias	ONDA CMMA	Veterano M40	58:21	+23:37	05:50
139	593	Luis miguel oliveira silva	Individual	Veterano M40	58:24	+23:40	05:50
140	863	Mauro João Martinho Rebelo	Women@Renault	Veterano M40	58:40	+23:56	05:52
141	610	Nuno Cruz	Individual	Veterano M40	58:42	+23:57	05:52
142	633	Tiago Nunes	Individual	Veterano M40	58:44	+24:00	05:52
143	614	PAULO JORGE ABREU PIMENTEL	Individual	Veterano M40	58:46	+24:01	05:53
144	622	Pedro Neves	Individual	Veterano M40	58:51	+24:07	05:53
145	821	Rui Henriques	Sever Running Team	Veterano M40	59:03	+24:18	05:54
146	554	Carlos Alberto Almeida Silva	Individual	Veterano M40	59:10	+24:26	05:55
147	442	Nuno Soares	Individual	Veterano M40	59:32	+24:48	05:57
148	756	José Albino	Nokia Runners	Veterano M40	01:00:17	+25:32	06:02
149	779	Pedro Paiva	ONDA CMMA	Veterano M40	01:00:32	+25:48	06:03
150	561	Carlos Soares	Individual	Veterano M40	01:00:33	+25:48	06:03
151	740	Rui Abrantes	Molinhas Team	Veterano M40	01:00:40	+25:56	06:04
152	636	Vitor Nuno Jacinto Machado	Individual	Veterano M40	01:01:35	+26:51	06:10
153	555	Carlos Cachulo	Individual	Veterano M40	01:01:43	+26:59	06:10
154	602	maria Dulce Marques Alves da Silva	Individual	Veterano M40	01:03:07	+28:22	06:19
155	59	Américo Simões	Aguim Runners	Veterano M40	01:03:35	+28:50	06:22
156	586	José Santos	Individual	Veterano M40	01:04:10	+29:26	06:25
157	585	José Rodrigues	Individual	Veterano M40	01:05:09	+30:25	06:31
158	635	Vitor Manuel Ribeiro Magalhães	Individual	Veterano M40	01:05:18	+30:33	06:32
159	627	Rafael Alão	Individual	Veterano M40	01:05:25	+30:41	06:33
160	159	Sérgio Cunha	CMA	Veterano M40	01:05:30	+30:46	06:33
161	588	Lemos	Individual	Veterano M40	01:06:12	+31:27	06:37

162	793	DERCIO GUIA	pace.makers	Veterano M40	01:06:55	+32:10	06:42
163	794	Joaquim Couto	pace.makers	Veterano M40	01:06:56	+32:11	06:42
164	702	Pedro Miguel Santos Valente	L&P	Veterano M40	01:07:30	+32:46	06:45
165	94	António Matos	BoraBora, Vamos Lá!	Veterano M40	01:07:32	+32:48	06:45
166	209	Emanuel Fontes	Fontes	Veterano M40	01:07:44	+32:59	06:46
167	565	Felisberto Teixeira	Individual	Veterano M40	01:11:59	+37:15	07:12
168	629	Rui jorge Santos Neves Ferreira	Individual	Veterano M40	01:19:39	+44:54	07:58

Veterano M50

1	872	António Oliveira	Centro Popular de Trabalhadores de Sobral de Ceira	Veterano M50	37:38		03:46
2	695	João Vinha	JOBRA-ASSOCIAÇÃO JOVENS	Veterano M50	37:58	+00:19	03:48
3	670	Paulo Jorge Vaz Gomes	Individual	Veterano M50	38:04	+00:25	03:48
4	694	Francisco Soares	JOBRA-ASSOCIAÇÃO JOVENS	Veterano M50	38:27	+00:48	03:51
5	666	luís Simões	Individual	Veterano M50	39:09	+01:31	03:55
6	673	Vitor Oliveira	DCI/CCDRPedrulha-Mealhada	Veterano M50	39:13	+01:34	03:55
7	210	Tony Graça	Free Runners	Veterano M50	40:52	+03:14	04:05
8	645	Carlos Cunha	Individual	Veterano M50	40:55	+03:16	04:06
9	646	Carlos Machado	Individual	Veterano M50	41:18	+03:39	04:08
10	651	fernando morais	Individual	Veterano M50	41:51	+04:13	04:11
11	74	FERNANDO AGANTE	Associação Académica de Coimbra	Veterano M50	42:04	+04:25	04:12
12	17	Jorge Coelho	ADRA	Veterano M50	42:39	+05:00	04:16
13	782	Mário Gonçalves	ONDA CMMA	Veterano M50	42:53	+05:14	04:17
14	654	joao castro	Individual	Veterano M50	42:59	+05:20	04:18
15	224	Carlos Manuel dos Santos Vidal	Gesinserde team	Veterano M50	43:10	+05:31	04:19
16	937	Heitor Santos	Individual	Veterano M50	43:31	+05:53	04:21
17	8	João Almada	A.D.TRAVASSÔ	Veterano M50	44:10	+06:31	04:25
18	874	David Patricio	Centro Popular de Trabalhadores de Sobral de Ceira	Veterano M50	44:20	+06:41	04:26
19	656	João Rainho	Individual	Veterano M50	44:21	+06:42	04:26
20	64	Carlos Martins	APROCRED	Veterano M50	44:35	+06:56	04:28
21	705	Paulo Cavaleiro	Leitão & Cavaleiro	Veterano M50	44:35	+06:57	04:28
22	873	Carlos Garrido	Centro Popular de Trabalhadores de Sobral de Ceira	Veterano M50	44:40	+07:01	04:28
23	644	Carlos Catarino São Marcos Branco	Individual	Veterano M50	44:55	+07:16	04:30
24	805	JOSÉ SANTOS	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	44:59	+07:20	04:30
25	935	Jorge Santos	SCBM	Veterano M50	45:12	+07:33	04:31
26	650	Fernando Jorge Magalhaes dos Santos	Individual	Veterano M50	46:13	+08:34	04:37
27	9	Costa Marques	Academica de Coimbra	Veterano M50	46:22	+08:43	04:38
28	642	Armindo Ferreira Dias	Individual	Veterano M50	47:01	+09:23	04:42
29	649	fernando faustino	Individual	Veterano M50	47:11	+09:32	04:43
30	135	António Joaquim Lourenço da Silva	Citroen - Rangel & Oliveira, Lda	Veterano M50	47:28	+09:50	04:45
31	639	anibal antonio	Individual	Veterano M50	47:28	+09:50	04:45
32	865	João Marques	Women@Renault	Veterano M50	47:30	+09:52	04:45
33	812	Mário Jesus Simões	Riaparque	Veterano M50	47:45	+10:07	04:47

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

R REVISED

34	659	Joaquim Oliveira	Individual	Veterano M50	48:40	+11:01	04:52
35	803	AMILCAR HENRIQUES	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	49:06	+11:27	04:55
36	804	JOÃO COELHO	RECREIO DESPORTIVO DE ÁGUEDA	Veterano M50	49:23	+11:44	04:56
37	641	Armando Carlos Cunha Santos	Individual	Veterano M50	49:41	+12:03	04:58
38	174	PEDRO TAVARES	DAR - Desportivo Atlético de Recardaes	Veterano M50	49:55	+12:17	05:00
39	839	José Almeida	TONDELA	Veterano M50	50:07	+12:28	05:01
40	227	António Santos	Grupo Desportivo e Cultural de Guilhovai	Veterano M50	50:09	+12:31	05:01
41	667	Miguel Rodrigues da Silva Queirós	Individual	Veterano M50	50:26	+12:47	05:03
42	671	Rui Augusto Lopes Gomes	Individual	Veterano M50	50:38	+13:00	05:04
43	665	Luis Figueirerdo	Individual	Veterano M50	50:45	+13:07	05:05
44	130	António Ramos	Centro Social P. Aradas	Veterano M50	50:55	+13:16	05:06
45	652	fernando olimpio marques castilho	Individual	Veterano M50	50:59	+13:20	05:06
46	106	Paulo José Marques Fernandes	Brave Viriathvs Runners Viseu	Veterano M50	52:25	+14:46	05:15
47	148	Carlos Manuel Jesus	Clube de Albergaria - Badminton	Veterano M50	52:37	+14:59	05:16
48	648	Delfim Manuel Ferreira da Costa	Individual	Veterano M50	52:51	+15:12	05:17
49	655	João Costa	Individual	Veterano M50	53:00	+15:21	05:18
50	647	Carlos Manuel Ferreira Dias	Individual	Veterano M50	53:15	+15:37	05:20
51	658	Joaquim Almeida	Individual	Veterano M50	53:15	+15:37	05:20
52	653	Francisco Silva	Individual	Veterano M50	53:15	+15:37	05:20
53	162	Armando Vila Verde	CMMC Centro Municipal de Marcha e Corrida de Albergaria-a-Velha	Veterano M50	53:18	+15:40	05:20
54	640	António Jorge Borges	Individual	Veterano M50	53:19	+15:41	05:20
55	939	Arsénio Matos	Individual	Veterano M50	53:25	+15:46	05:21
56	663	José Caetano	Individual	Veterano M50	53:28	+15:50	05:21
57	183	João Cavadas	DCI/CCDRPedrulha-Mealhada	Veterano M50	53:48	+16:10	05:23
58	668	Octavio Sergio Rodrigues Linhares	Individual	Veterano M50	53:51	+16:13	05:23
59	946	Artur Varum	Individual	Veterano M50	53:59	+16:20	05:24
60	1	José Agostinho Ribau Esteves	Individual	Veterano M50	54:09	+16:31	05:25
61	193	Antonio Marques	Emeteclass	Veterano M50	54:37	+16:59	05:28
62	643	Carlos Barroso	Individual	Veterano M50	54:44	+17:05	05:28
63	105	Óscar Manuel do Nascimento Rocha	Brave Viriathvs Runners Viseu	Veterano M50	54:44	+17:05	05:28
64	914	Paulo Mónica	Individual	Veterano M50	55:19	+17:41	05:32
65	166	Carlos Alberto Rodrigues	Correr São Bernardo	Veterano M50	55:19	+17:41	05:32
66	660	Jorge costa	Individual	Veterano M50	56:21	+18:43	05:38
67	814	Rui Costa	rmcosta	Veterano M50	57:02	+19:23	05:42
68	672	Rui da Silva Amaral	Individual	Veterano M50	58:03	+20:25	05:48
69	661	Jorge Manuel Figueiredo Magalhães	Individual	Veterano M50	58:03	+20:25	05:48
70	638	Albano Manuel Tavares pereira	Individual	Veterano M50	59:57	+22:18	06:00
71	194	Ervin Triana Guarin	Emeteclass	Veterano M50	01:00:37	+22:58	06:04
72	200	VITOR NETO	ÉPICOS	Veterano M50	01:01:05	+23:26	06:07
73	783	Vitor Cardoso Fernandes	ONDA CMMA	Veterano M50	01:06:24	+28:45	06:38

Prova Principal

10 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

R REVISED

Veterano M60

1	683	Manuel lino Costa	DCI/CCDRPedrulha-Mealhada	Veterano M60	39:31		03:57
2	65	Arsénio Fernandes	ARSM - Associação Recreativa de São Miguel	Veterano M60	40:49	+01:19	04:05
3	127	Nelson José Ribeiro da Cunha e Silva	Centro Municipal Marcha e Corrida de Vale de Cambra	Veterano M60	44:05	+04:35	04:25
4	678	Carlos Alberto Ferreira	Individual	Veterano M60	44:12	+04:41	04:25
5	679	Domingos Almeida	Individual	Veterano M60	44:17	+04:47	04:26
6	54	Armando Monteiro	AGD AGUEDA	Veterano M60	47:05	+07:35	04:43
7	681	Fernando Manuel Valente Lopes	Individual	Veterano M60	48:40	+09:10	04:52
8	676	ARMÉNIO NEVES	Individual	Veterano M60	49:49	+10:19	04:59
9	175	ARLINDO SANTOS	DAR - Desportivo Atlético de Recardaes	Veterano M60	50:53	+11:23	05:05
10	840	António Correia	TONDELA	Veterano M60	51:57	+12:26	05:12
11	680	Domingos Soares da Silva	Individual	Veterano M60	52:56	+13:25	05:18
12	677	Avelino Silva	Individual	Veterano M60	54:19	+14:48	05:26
13	684	MODESTO MANUEL C. RODRIGUES	Individual	Veterano M60	55:00	+15:30	05:30
14	675	antonio morais	Individual	Veterano M60	58:38	+19:08	05:52
15	163	Fernando Jose Silva Chalo	CMMC Centro Municipal de Marcha e Corrida de Albergaria-a-Velha	Veterano M60	01:08:08	+28:38	06:49